38th North Zone Ophthalmological Society Conference Cum Midterm HPOS

30th - 31st October & 1st November 2026

at

Palampur Himachal Pradesh

HOST : The Palampur Rotary Eye Foundation

Challenging Case Session 1

Hall Dhauladhar

DAY 1

Oct 30th

12.0 PM TO 01:30 PM

No.	Topic	Speaker	Min
CC1	Disc Edema: Dont Miss the Sign	Dr.Nitin Kumar	5
CC2	Isolated Conjunctival lymphangioma	Dr.Ritesh Verma	5
CC3	Unusual tiny dermoid of caruncle	Dr.Nazia Anjum	5
CC4	A case of sterile corneal infiltrate post operative day one following unventful cataract surgery	Dr.Tanvi Soni	5
CC5	Post traumatic cataract management	Dr.Sanjay Mishra	5
CC6	Phacoemulsification Using 4D UNITY System in an Only-Eyed 79-Year-Old Male Post Penetrating Keratoplasty	Dr.Shilpi Arya	5
CC7	Pseudo myopia - Varied Presentation	Dr.Pankaj Maccani	5
CC8	Divergent Outcomes in Preterm Twins with Aggressive Retinopathy of Prematurity Treated with Intravitreal Bevacizumab:	Prof.Rajwinder Kaur	5
CC9	Patience is key in strabismus surgery: case of delayed recovery after early recurrent Esotropia	Dr.Poonam Sharma	5
CC10	“When CMV Mimics Retinal Vascular Occlusion: An Unusual Presentation of CMV Retinitis in a Renal Transplant Recipient”	Dr.Pranav Rishi Aggarwal	5
CC11	Management of vitreoretinal lymphoma secondary to systemic B cell lymphoma.	Dr.Bruttendu Moharana	5
CC12	From headache to proptosis : A missed pituitary macroadenoma presenting with apoplexy	Dr.Kritika Katoch	5

LUNCH 12.30 PM- 2.30 PM

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HOST : The Palampur Rotary Eye Foundation

Challenging Case Session 2

Hall Dhauladhar

DAY 1

Oct 30th

04:30 PM TO 06:00 PM

No.	Topic	Speaker	Min
CC13	Bilateral Peripheral Exudative Hemorrhagic Chorioretinopathy: A Challenge in an Elderly Patient with Diabetes, Hypertension and Anticoagulant Use	Dr.Robin Singh	5
CC14	Accidental Intravitreal Trypan Blue During Cataract Surgery: Surgical Challenges, Intraoperative Management, and Complete Spontaneous Resolution	Dr.Manish Wankhade	5
CC15	BILATERAL ENDOGENOUS ENDOPHTHALMITIS SECONDARY TO SYSTEMIC ESCHERICHIA COLI INFECTION: A RARE CASE REPORT	Dr.Shefali Verma	5
CC16	The Silent Splinter: A Case of Retained Organic Corneal Foreign Body Without Infective Compromise	Dr.Vinod Kashyap	5
CC17	The Unexpected Invader: Mucormycosis in an Immunocompetent Child Defying the Usual Route	Dr.Jahnavi Katoch	5
CC18	When the Base Bites Back: Reconstructive Challenges Following Excision of a Dual-Natured Eyelid Cyst	Dr.Anshul A Garg	5
CC19	From Dehiscence to Alignment: Staged Reconstruction of a Devastating Periocular Injury	Dr.Keshav Gaba	5
CC20	Unveiling Systemic Autoimmune Disease: A Rare Case of Bilateral Corneal Ulceration	Dr.Sejal Katoch	5
CC21	THE PRESSURE PARADOX- SIMULTANEOUS HYPOTONY AND HYPERTENSION IN FELLOW EYES	Dr.Archeesha Vyas	5
CC22	To report a case of endogenous endophthalmitis caused by Candidozyma auris an emerging multi drug resistant pathogen in a premature neonate	Dr.Divyanshi Gupta	5
CC23	Beyond the Image: Unmasking a Rare Pediatric Eyelid Masquerader	Dr.Arushi	5
CC24	Combined Augmented Kestenbaum-Anderson Procedure With contralateral Extraocular Muscle transplantation for infantile nystagmus and Exotropia	Dr.Shubhangi Singh	5

INAUGURATION

3 PM -4 PM BY

HIS EXCELLENCY

SH KAVINDER GUPTA JI
GOVERNOR HP

Executive Body NZOS Meeting

30.10.26 EVENING

38th North Zone Ophthalmological Society Conference Cum Midterm HPOS

30th - 31st October & 1st November 2026

at

Palampur Himachal Pradesh

HOST : The Palampur Rotary Eye Foundation

Dr Premchandra Free Paper session 1

Hall Baijnath

DAY 1

Oct 30th

01.00 PM TO 02:30 PM

No.	Topic	Speaker	Min
FP1	Unravelling the Cause of Childhood Blindness: A Rare Bilateral Anterior Segment Puzzle	Dr.Aarushi Choudhary	6
FP3	EFFECTS OF AXIAL LENGTH ON RNFL AND GANGLION CELL-INNER PLEXIFORM LAYER THICKNESS	Dr.Vipul Khajuria	6
FP4	Accuracy of nurse read wide-field digital retinal imaging for diagnosing diabetic retinopathy	Dr.Nitin Kumar	6
FP5	A Prospective Comparative Study of Topical and Peribulbar Anesthesia in Cataract Surgery	Dr.Divya Shree Chadha	6
FP7	Prospective Comparative Analysis of Early Endothelial Cell Loss: Unity 4D VCS versus Centurion Phacoemulsification	Dr.Shilpi Arya	6
FP12	To determine the surgical induced astigmatism along vertical and horizontal curvature of cornea after phacoemulsification	Dr.Nikita Verma	6
FP16	CLINICAL PROFILE OF PATIENTS PRESENTING WITH SUDDEN PAINLESS NONTRAUMATIC DIMINUTION OF VISION TO TERTIARY CARE INSTITUTE AT DR. RPGMC TANDA, KANGRA	Dr.Anand Korde	6
FP40	Comparison of Nhacocapsulotomy vs Needle Aspiration in outcomes of Intumescent Cataract Surgery using Phacoemulsification.	Dr.Arpita	6
FP54	Case Presentation of a Retro-fixated Iris Claw lens	Dr.Geetanjali Behal	6
FP56	Management Pediatric Cataract- our Experience	Dr.Gaurav kumar	6

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Dr Prem Chandra Free Paper Session 2

Hall Baijnath

DAY 1

Oct 30th | **04:30 PM TO 06:00 PM**

No.	Topic	Speaker	Min
FP17	Ocular manifestations in patients with autoimmune connective tissue diseases at Dr RPGMC,Tanda , Kangra	Dr.Raveena Kumari	6
FP20	Regression of Mature Corneal Neovascularization Using Combined Anti-VEGF and Fine-Needle Diathermy: A Corneal Preconditioning Strategy	Dr.Sidrah Imran	6
FP23	To study the Ophthalmic manifestations of Snake bite cases in Tertiary Care Institute in Sub- Himalayan region.	Dr.Mridul Sharma	6
FP28	Evaluation of Anatomical Biomarkers for Diabetic Retinal Neurodegeneration Measured by Optical Coherence Tomography	Dr.Rakesh Bisyer	6
FP32	EXOSOMES DERIVED FROM CO-CULTURE OF UMBLICAL CORD & CORNEAL STROMAL CELLS and their effect on corneal stromal cells in-vitro wound healing model	Dr.Rajan Sharma	6
FP34	Effect of Ripasudil on visual outcomes in pseudophakic corneal edema following phacoemulsification in cataract surgery.	Dr.Agreema	6
FP36	From Procurement to Pipette: Analyzing Donor Demographics and Ischemic Intervals Across a Spectrum of Keratoplasty Indications	Dr.Bhawna Thareja	6
FP37	Effect of low dose pilocarpine 0.4% on presbyopia	Dr.Mehak Mangla	6
FP53	Diagnostic Performance of a Telemedicine enabled Portable Non-Mydriatic Fundus Camera Compared with a Tabletop System for Retinal Imaging in Undilated Eyes	Dr.Utkarsh Roodkee	6
FP55	Phacolytic glaucoma:Time Is Vision	Dr.Deepanshu Sharma	6

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Dr Prem Chandra Free Paper Session 3

Hall Kangra

DAY 1

Oct 30th

01:00 PM TO 02:30 PM

No.	Topic	Speaker	Min
FP18	Analysis of Macular and Peripapillary Retinal Nerve Fibre Layer Thickness in POAG and Non-Glaucomatous Eyes Following Phacoemulsification	Dr.Ankita	6
FP24	PHACES: A Rrare Neurocutaneous Disorder with Ophthalmic Presentation	Dr.Pareena Mittal	6
FP30	Selective Laser Therapy for Cyclodialysis Cleft Repair: A Novel Role for Double-Frequency Nd:YAG Laser	Dr.Akanksha Sharma	6
FP39	Comparison of Anterior Segment Biometrics Before and After Nd:YAG Laser Peripheral Iridotomy in Primary Angle Closure Disease Subtypes	Dr.Pearl Mahajan	6
FP43	Evaluating the Efficacy and Safety of Ranibizumab Therapy in Macular Edema	Dr.Aastha Arora	6
FP48	Comparison of Visual Functions of Refractive Extended Depth of Iocus intraocular Lens between Patients with and without glaucoma	Dr.Arshita Chaudhry	6
FP49	Effect on contrast sensitivity and ocular surface using different formulations of preservative free topical travoprost in treatment naive primary open angle glaucoma patients	Dr.Vidushi Vashisht	6
FP50	Contrast sensitivity Post CXL: Insights from the Spaeth Richman Test	Dr.Rayna Ahuja	6
FP51	Outcome of Selective Laser Trabeculoplasty in primary open angle glaucoma verses primary angle closure glaucoma in patients with failed trabeculectomy	Dr.Amandeep Kaur	6
FP52	Utility of 24-2C Visual Field Testing in Glaucoma Suspects and Early Glaucoma	Dr.Archit	6

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Dr Prem Chandra Free Paper Session 4

Hall Kangra

DAY 1

Oct 30th

04:30 PM TO 06:00 PM

No.	Topic	Speaker	Min
FP6	Modified External DCR in patients with complicated Dacrocystitis	Dr.Ritesh verma	6
FP14	Crab Lice Off Course: A Case Report of Ectopic Pthirus pubis Infestation	Dr.Prolima Thacker	6
FP21	Lifting the Papillomatous Veil: Excision and Interferon α2b in Diffuse Conjunctival Papillomatosis.	Dr.Jahnavi Katoch	6
FP22	Phenotypic Spectrum of Goldenhar Syndrome: A Case Series on Oculo-Auriculo-Vertebral Anomalies	Dr.Richa Agarwal	6
FP25	Risk Factors and Clinical Profile of Dry Eye Disease	Dr.Ojus Kalia	6
FP26	Navigating Through Orbital Foreign Bodies: Diagnostic Challenges and Management of Retained Organic Orbital Foreign Bodies – A Case Series	Dr.Manika Sharma	6
FP33	DARKNESS, INTERRUPTED. A Dramatic Visual Recovery in Bilateral Optic Neuritis	Dr.Bhumish Rai	6
FP35	Retained Insect in a 3 year old Child - A Diagnostic Dilemna	Dr.Navreet	6
FP42	Restoring the Socket, Rebuilding Confidence: Management of a Contracted Anophthalmic Socket	Dr.Chander Mohan	6

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GLAUCOMA : BEYOND THE PRESSURE

Hall Dhauladhar

DAY 2

Oct 31st

09:00 AM TO 10:30 AM

Chairperson : Dr.Surinder Kumar, Dr.Pushpinder Kaur Bhaura, Dr.Prateek Nishant, Dr.Manish Wankhade, Dr.Nitin Batra, Dr.Suruchi Gupta

No.	Topic	Speaker	Min
1.	Back To Basics: A Comprehensive Review Of Gonioscopy In Clinical Practice	Dr. Ruchi Dabas	7
2.	Management Of Neovascular Glaucoma	Dr. Suresh Gupta	7
3.	Management Of traumatic glaucoma	Dr. Neetu Negi	7
4.	Trabeculectomy and Its complications	Dr. Anuradha Raj	7
5.	Role Of SLT In glaucoma	Dr. Rohit Kumar	7
6.	My Experience With MIGS - KDB, bang, gatt And istent	Dr. Neetu Negi	7
7.	Surgical outcomes Of combined SICS & trabeculectomy	Dr. Anuradha Raj	7
8.	The Unhappy Trabeculectomy: early recognition And management Of over & under-filtration	Dr. Neelam Verma	7
9.	Glaucoma Prevalence: The Challenge has To Be met	Prof. Rajeev Tuli	7
10.	Progression in Glaucoma and Clinical Decisions	Dr. Gursatinder Singh	7
11.	Glaucoma Surgery -Rmerging Paradigm	Dr S S Pandav	7

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CATARACT REIMAGINED

Hall Dhauladhar

DAY 2

Oct 31st | **10:30 AM TO 12:00 PM**

Chairperson : Dr. Balbir Singh, Dr.Ashi Khurana, Dr.Viral Shah, Prof.R L Sharma, Dr.Anil Kumar Verma, Dr.Rohit Kumar

No.	Topic	Speaker	Min
1.	Cracking The Rock: Phaco In Hard Cataract	Dr. Satanshu Mathur	7
2.	Needle-Assisted Pars Plana Decompression For Acute Infusion Misdirection Syndrome During Phaco	Dr. Manish Wankhade	7
3.	Retro Pupillary Iris Clawed IOL	Dr. Jitender Singh Roodkee	7
4.	2mm MSICS: Experience So Far	Dr. Karamjit Singh	7
5.	Beyond Viscoelastics: The Art Of Fluid-Only Phaco	Dr Surinder Kumar	7
6.	Loop, Lasso And Recenter: Managing A Subluxated IOL - Bag Complex	Dr. Jayanand Urkude	7
7.	Navigating Complexity In Traumatic Cataracts	Dr. Pawan Prashar	7
8.	Why Laser cataract surgery is still prefered by experts	Dr. Gaurav Luthra	7
9.	Oblique Chop: A Novel Hook-And-Lock Technique For Single-Step Nuclear Fracture In Cataract Surgery	Dr. Tushya Omprakash	7
10.	Newer IOL's - Which One To Choose And How	Dr. Ajay Sharma	7
11.	Hypermature Cataracts - Way To Manage	Prof. Inder Mohan Rustagi	7
12.	The Fight Behind The Sight	Dr. Shakeen Singh	7

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ORATION & MASTER CLASS

Hall Dhauladhar

DAY 2

Oct 31st

12:00 PM TO 01:30 PM

Chairperson : Dr.Gaurav Luthra, Dr.Satanshu Mathur, Dr.Karamjit Singh, Prof.Inder Mohan Rustagi, Dr.Mittal Raman, Dr. Manisha Nada

No.	Topic	Speaker	Min
1.	***Dr.S S Grewal Oration*: Long Term Outcome Of SLET**	**Dr. Virender Sangwan**	**20+5**
2.	**Most Challenging Cataract Surgeries - Video Based**	**Dr. Jagat Ram**	**12**
3.	**Importance Of Valid Consent**	**Dr. A A Deshpandey**	**12**
4.	**Pediatric Retinal Detachments**	**Dr. M R Dogra**	**12**
5.	**Tele Ophthalmology For Early Detection Of DR And Glaucoma**	**Dr. B N R Subudhi**	**12**

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CORNEA : From Scar To Sight

Hall Dhauladhar

DAY 2

Oct 31st

01:30 PM TO 03:30 PM

Chairperson : Dr.Virender Sangwan ,Dr. Ajay Sharma, Dr.Renu Hashia Dhar, Dr.Jitender Singh Roodkee, Dr.Praveen Kumar Panwar, Dr.Rajan Gupta,

No.	Topic	Speaker	Min
1.	Fungal Keratitis In North India: From Occupational Injury To Blindness - Prevention And Management	Dr. Anil Kumar Verma	7
2.	Cornea Transplant In One Eyed Patient - To Be Treated As ""High Risk"" Keratoplasty: A Perspective	Dr. Rajan Sharma	7
3.	Peripheral Ulcerative Keratitis: Diagnostic Dilemmas And Management	Dr. Pawan Prashar	7
4.	Paediatric Corneal Grafts: 31 Years Of Insight	Dr. Ashok Sharma	7
6.	Anterior Lamellar Keratoplasty: Practical Tips	Dr. Prafulla Maharana	7
7.	Dry Eyes - A Comparative Study Of Lipiflow And IPL	Dr. Bina Shah	7
8.	Corneal Transplant: A Saviour Of Sight	Dr. Shakeen Singh	7
9.	REST - Retro Endothelial Scraping Technique: A Novel Surgical Technique	Dr. Sagar Udasi	7
10.	Demography Of Keratoconus In Jammu Province: Our Experience At A Charitable Hospital	Dr. Suruchi Gupta	7
11...	Reading Epithelial Maps [Key Note Address]	Dr. Ashi Khurana	10

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OCULOPLASTY CHALLENGE: WHAT YOU DO?

Hall Dhauladhar

DAY 2

Oct 31st

03:30 PM TO 05:00 PM

Chairperson : Dr. Usha Singh, Dr.Vishal sharma, Dr.Pushpinder Kaur bhaura, Dr.Rajvinder Kaur, Dr.Babita, Dr.Swati Bansal

No.	Topic	Speaker	Min
1.	Patient With Droopy Lid	Dr. Mittal Raman	7
2.	Patient Comes With Negative Biopsy But Still Clinical Suspicion Of Malignancy	Dr. Usha Singh	7
3.	Patient With Trauma	Dr. Vishal Sharma	7
4.	Patient With Eyelid Margin Malposition	Dr. Pankaj Gupta	7
5.	Patient With Proptosis	Dr. Sukhdeep Bains	7
6.	Patient Needing Eye Removal/ Prosthesis	Dr. Nitish Arora	7
7.	Patient with watering	Dr. Shika Taneja	7
8.	Patient with lid tumor	Dr. Gaurav	7
9.	Beyond Vision the aesthetic dimension	Dr. Sehar om Prakash	7

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OCULOPLASTY : 360

Hall Baijnath

DAY 2

Oct 31st

09:00 AM TO 10:30 AM

Chairperson : Dr. Raman Mittal, Dr.Nazia Anjum, Dr.Nitish Arora, Dr.Bina Shah, Dr.Pankaj Maccani , Dr.Ritika Dhiman

No.	Topic	Speaker	Min
1.	Facial Nerve Palsy- Thinking Beyond Tarsorrhaphy	Dr. Swati Bansal	7
2.	Single Triangle Sling Surgery: An Effective Way To Treat Most Grades Of Ptosis	Prof. R L Sharma	7
3.	Management Of Limbal Stem Cell Deficiency	Dr. Jitender Jinagal	7
4.	Practical Tips In Evaluation Of Strabismus	Dr. Amit Gupta	7
5.	Endonasal Endoscopic: Orbital Decompression For Dysthyroid Orbitopathy	Dr. Rijuneeta	7
6.	The Good, The Bad, And The Worst Of Eyelid Tumours	Dr. Ritesh verma	7
7.	Customized Ocular Prosthesis: Restoring Confidence And Transforming Lives	Dr. Pushpinder Kaur bhaura	7
8.	Surgical Management Of Eyelid Tumours	Dr. Sony Sinha	7
9.	DCR: Do’s And Don’t	Dr. Deepak Kumar Sharma	7
10.	External DCR	Dr. Nazia Anjum	7
11.	Canalicular Tear Repair With Mini Monoka	Dr. Raman Mittal	7
12.	Orbital Lymphoma	Dr. Pankaj Gupta	7

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REFRACTIVE REVOLUTION

Hall Baijnath

DAY 2

Oct 31st

10:30 AM TO 12:00 PM

Chairperson : Dr. Jagat Ram, Dr. Shakeen Singh, Dr.Tushya Omprakash, Dr.Rajan Sharma, Dr.Gaurav sharma, Dr. Ashok Sharma

No.	Topic	Speaker	Min
1	Lenticule - How SILK Is Different? (Keynote Address)	Dr Ajay Sharma	10
2.	ICL: Tips And Tricks For The Beginners	Dr. Sudhir Salhotra	7
3.	Phakic IOL's In Keratoconus: Our Experience	Dr. Suruchi Gupta	7
4.	SMILE Pro Vs Wavelight+, Topo-G LASIK Vs Streamlight: When To Choose What? Does One Size Fit All?	Dr. Rishabh Grover	7
5.	My Journey As A Refractive Surgeon: From Microkeratome To SILK	Dr. Pushpinder Kaur bhaura	7
6.	Refractive Surprise After ICL	Dr. Ashi Khurana	7
7.	Borderline Cases In Refractive Surgery: When Not To Operate	Dr. Rashmi Singh	7
8.	AI UBM Base ICL Sizing & Vault Prediction with ICL Guru	Dr. Gaurav Luthra	7
9	Presbyond/ Pentacam..When To Say No	Dr. Aman Preet Kaur	7
9.	DSEK In Challenging Situation	Dr. Shakeel	7
10.	Complications Of SMILE Surgery	Dr. Bagla Madanlal	7

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WHEN UVEA MEETS RETINA

Hall Baijnath

DAY 2

Oct 31st

12:00 PM TO 01:30 PM

Chairperson : Dr.Sudhir Salhotra, Dr.Anshu Grover, Dr.Vipan Vig, Dr.John Jacob Mathew, Dr.Bruttendu Moharana, Dr.Manu Sharma , Dr Pradeep Vankatesh;Dr Madan Lal Bagla

No.	Topic	Speaker	Min
1.	Intra-Arterial Chemotherapy In Retinoblastoma- Is It For All? - Keynote Address (Keynote Address)	Dr. Usha Singh	10
2.	About Ocular Tuberculosis: What We Know And What We Don't Know?	Dr. Prateek Nishant	7
3.	Intra-Arterial Chemotherapy In Retinoblastoma- Is It For All? - Keynote Address (Keynote Address)	Dr. Usha Singh	10
4.	Pattern Recognition Of Various Diseases In Posterior Uveitis	Dr. Aditya Kashyap	7
5.	Surgical Management Of Intraocular Haemorrhages As We Go Deeper Into The Eye	Dr. Rajeev Gupta	7
6.	A Study On ROP	Dr. Renu Dhasmana	7
7.	AMD: What The General Ophthalmologist Needs To Know	Dr. Samson Rajpal	7
8.	Kali Makhi Or Vitreous Floaters: Thorough Examination Is Must To Identify Treatable Lesions	Dr. Aditi Parashar	7
9.	The Swollen Disc: A Diagnostic Minefield	Dr. Gaurav Sharma	7
10.	Treatment & Compliance In CRVO	Dr. Manisha Nada	7
10b .	Tubercular posterior uveitis : Clinical pearls	Dr. Ankur Singh	7

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RETINA FROM IMAGES TO INSIGHT

Hall Baijnath

DAY 2

Oct 31st

01:30 PM TO 03:30 PM

Chairperson : Dr Mangat Dogra Dr. Usha Singh, Dr.Aditi Parashar, Dr.Nitin Gupta, Dr.Rajiv kumar , Dr Ankur Singh ,Dr Renu Dhasmana , Dr Sehar Omprakash

No.	Topic	Speaker	Min
1.	Relevance Of Scleral Buckle In The Era Of Vitrectomy	Dr. Bruttendu Moharana	7
2.	Cases That Can Burn Hands: Predictors Of Surgical Difficulty And Failure In Vitreoretinal Surgery	Dr. Anshu Grover	7
3.	Diabetes: Beyond Diabetic Retinopathy	Dr. Renu Dhasmana	7
4.	Surgical Management Of Complex Cases Of Proliferative Diabetic Retinopathy	Dr. Rajeev Gupta	7
5.	Impact Of Cataract Surgery On Optic Nerve Head Parameters: An SD-OCT Based Study	Dr. John Jacob Mathew	7
6.	Avoiding Overuse And Misuse Of Anti- VEGF In DME	Dr. Sudhir Salhotra	7
7.	Surgery For ROP In A Practice Set Up	Dr. Vipan Vig	7
8.	Management Of Vitreo-Retinal Interface Disorders	Dr. Rajeev Gupta	7
9.	Retina heralds the Doom :Ocular clues to systemic & neurological catastrophe	Dr. Subina Narang	7
10.	My approach to Post op Endophthalmitis	Dr. Ankur Singh	7
11.	Promise and Challenges of Gene Therapy in Retinal Disorders Keynote Address	Dr. Pradeep Venkatesh	10

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BEYOND THE BOUNDARIES

Hall Baijnath

DAY 2

Oct 31st

03:30 PM TO 05:00 PM

Chairperson : Dr.Suresh Gupta, Dr.Pawan Prashar, Dr.Prafulla Maharana, Dr AA Deshpandey, Dr. Anuradha Raj, Dr.Nitin Batra ,Dr Gursatinder Singh ;Dr Anil Verma

No.	Topic	Speaker	Min
1	Consumer Protection Act 2019: Key Implications For Ophthalmologists -- Keynote Address	Dr. Viral Shah	10
2.	India`s Medical Education At Crossroads	Dr. B N R Subudhi	7
3.	SICS A Better Choice – Mature Hard Cataract	Prof. R L Sharma	7
4.	SICS: Handling Challenging Situations	Dr. Gaurav Sharma	7
5.	OCT Biomarkers in DME	Prof. Rajwinder Kaur	7
6.	Needle Injury Cataract In Diabetic Patients: A Hidden Surgical Challenge	Dr. Praveen Kumar Panwar	7
7.	Basics Of VEP	Dr Priya Kapila	7
8.	Pharmacovigilance And Reporting Of Adverse Drug Reactions In Ophthalmology	Dr. Prateek Nishant	7
9.	The Eye Sees, But Who Is The Seer? – An Ophthalmologist's Journey Through The Gita -- Keynote Address	Dr. Markanday Ahuja	10
10.	FBS – Why To Join? -- Keynote Address	Prof. Inder Mohan Rustagi	10

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Dr Prem Chandra Free Paper Session 5

Hall Kangra

DAY 2

Oct 31st

09:00 AM TO 10:30 AM

No.	Topic	Speaker	Min
FP2	BLUR TO BRIGHT- A TALE OF TWO SUBHYALOID BLEED	Dr.Hiteshi	6
FP8	Blood Under the Bullseye: Traumatic Submacular Hemorrhage and Vision Rescue	Dr.Sakshi Negi	6
FP10	Visual Outcomes of a Bioptics Approach (ICL Followed by Custom LASIK) in Eyes with High Refractive Error & Elevated Internal Aberrations:A Case Series	Dr.Utkarsh Mishra	6
FP11	Traumatic Sub Macular Haemorrhage- Treatment options and visual recovery	Dr.Kusha	6
FP13	EFFECT OF INTRAVITREAL AFLIBERCEPT (EYLEA-4MG) IN REFRACTORY CASES OF RETINAL VEIN OCCLUSION-ASSOCIATED MACULAR EDEMA: CASE SERIES	Dr.Hanan Ahmed Mir	6
FP41	To study the outcomes of extraocular muscle transplantation surgery	Dr.Shubhangi Singh	6
FP44	Evaluation of incidence of vitreoretinal interface changes, particularly PVD, after PRK or SMILE in myopic eyes using swept-source OCT.	Dr.Pranav Survase	6
FP45	Clinical Profile and Surgical Outcomes of Canalicular Trephination with Monocanalicular Stenting for Acquired Canalicular Obstruction	Dr.Saneh Lata	6
FP46	TO STUDY COMPLIANCE IN USAGE OF LOW DOSE (0.01%) ATROPINE EYE DROPS IN MYOPIC INDIAN CHILDREN	Dr.Ashima	6
FP47	Clinical Interpretation of Macular OCT by a Large Language Model: Impact of Routine Clinical Context	Dr.Pranidhi Sharda	6

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YOSI Session - Clinical pearls for young Ophthalmologists: Basics with a modern twist

Hall Kangra

DAY 2

Oct 31st

10:30 AM TO 12:00 PM

Chairperson : Dr.Rajan Sharma, Dr.Tushya Omprakash, Dr.Vishal H sharma, Dr.Nitin Kumar, Dr.Jitender Jinagal; Dr Rishil Raj

Moderator : Dr.Nazia Anjum

No.	Topic	Speaker	Min
1.	Modern Biometry for Cataract Surgery: Avoiding IOL Power Calculation Errors	Dr. Utkarsh Roodkee	7
2.	Phacoemulsification in a Constricted Pupil: Tricks, Tools & Techniques	Dr. Swati Sharma	7
3.	Phakic IOLs made easy	Dr. Jitender Jinagal	7
4.	Approach to a case of Uveitis	Dr. Nitin Kumar	7
5.	ICROP-3 Decoded: What Has Changed and Why Does It Matter?	Dr. Manu Sharma	7
6.	Thyroid Eye Disease: What's New and What Changes Our Practice?	Dr. Nazia Anjum	7
7.	"CT or MRI? Let the Diagnosis decide." A Practical Guide to Ophthalmic Imaging	Dr. Manika Sharma	7
8.	Differentiating Glaucomatous and Non-Glaucomatous Disc	Dr. Manu K Rampal	7
9.	OCT in Glaucoma	Dr. Palak Gupta	7

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Palampur Himachal Pradesh

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Challenging Case Session 3

Hall Kangra

DAY 2

Oct 31st

01:30 PM TO 03:30 PM

No.	Topic	Speaker	Min
CC25	CORNEA TRANSPLANT in ONE EYED Patient : to be treated as “High Risk” keratoplasty	Dr.Rajan Sharma	5
CC26	The Central Haze: Localised vitreous cells following uneventful cataract surgery	Dr.Anshu Grover	5
CC27	Visual Outcomes and Surgical Management in Long- Standing Traumatic Cataract: A Case Report	Dr.Navleen Kahlon	5
CC28	Iridotomy Impossible: Neodymium-doped Yttrium Aluminium Garnet Fibrinolysis as Vision-Saving Therapy	Dr.Ranjan Kumar Behera	5
CC29	Diagnostic challenge in a rare case of post syringing tubercular daryocystitis	Dr.Aastha Choudhary	5
CC30	Phakic IOL Explantation with Cataract Surgery in a Silicone-Oil-Filled Eye: Navigating Surgical, Biometric and Refractive Challenges	Dr.Pranav Survase	5
CC31	From Scalp to Sinus: A Tiny Abscess with a Vision-Threatening Journey	Dr.Sumit Oli	5
CC32	Toric IOL Implantation in Pellucid Marginal Degeneration for Management of High Corneal Astigmatism	Dr.Kashish Vij	5
CC33	Posterior Reversible Encephalopathy Syndrome with Spinal Cord Involvement	Dr.Navya Kalra	5
CC34	The Lens Has a Guest: A Case of Intralenticular Foreign Body	Dr.Annu	5
CC35	She recovered once .The disease never left	Dr.Manisha Singh	5
CC36	Secondary Glaucoma in Sturge-Weber Syndrome: A Case Report"	Dr.Sahal Majid	5

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E-Poster

Hall Kangra

DAY 2

Oct 31st

03:00 PM TO 04:00 PM

No.	Topic	Speaker	Min
EP1	Unusual simultaneous presentation of tubercular intermediate uveitis in two family members	Dr.Nitin Kumar	
EP2	Structural Changes in Individual Retinal Layers in Diabetic Macular Edema: An Optical Coherence Tomography-Based Observational Study	Dr.Vanshika Singh	
EP3	Comparison of results of Vabysmo with Afqlir(Eylea Biosimilar) in treatment of Wet AMD	Dr.Raminder Singh	
EP4	Calotropis Latex-Induced Ocular Toxicity: A Case Report in a 38-Year-Old Male	Dr.Shilpi Arya	
EP5	Patient's Journey Through the Future Operating Room: Building a Connected Digital Ecosystem for Precision Cataract Surgery	Dr.GAURAV MISHRA	
EP6	The Empty Spot in the Center: Unveiling Congenital Macular Coloboma	Dr.Sakshi Negi	
EP7	Rare Case of Unilateral ONH Edema in a Case of CA Lung	Dr.Divya Shree Chadha	
EP8	Rapid Resolution of Traumatic Commotio Retinae (Berlin Edema): A Case Report	Dr.Hanan Ahmed Mir	
EP9	Benign Essantial Blephrospasm	Dr.Vertika Pandey	
EP10	When the fundus misleads: An atypical mimic of Serpiginous Choroiditis	Dr.Anurag Sharma	
EP11	Redefining the Lid: A Three-Case Journey with Cutler–Beard Reconstruction	Dr.Jahnavi Katoch	
EP12	Inferior Rectus Myocysticercosis	Dr.Richa Agarwal	
EP13	Different Shades, One Diagnosis: A Multisystem Pigmentary Puzzle	Dr.Rashi Setia	
EP14	The Uninvited Guest: Surgical Management of an Extensive Upper Eyelid Neurofibroma	Dr.Keshav Gaba	
EP15	Tiny Spots big Insights; Conjunctival Nevi in Children- a case series.	Dr.Prachi Bhadu	

No.	Topic	Speaker	Min
EP16	From Impact to Subretinal Fluid: A Rare Case of Trauma-Associated Central Serous Chorioretinopathy	Dr.Shubham Tiwari	
EP17	A GLIMPSE INTO THE MORNING GLORY: A RARE CONGENITAL OPTIC DISC ANOMALY	Dr.Kankesh Mahajan	
EP18	Effect of “PEGylated” Insulin and serum eye drops on corneal stromal cells, an In-Vitro study.	Dr.Rajan Sharma	
EP19	The Silent Damage: OCT Unmasking Hydroxychloroquine Retinal Toxicity in a Clinically Normal Fundus	Dr. Manisha Nada	
EP20	Beyond Proptosis: A Diagnostic Dilemma in Post-Traumatic Carotid–Cavernous Fistula”	Dr.Suvashika Dhingra	
EP21	"Ophthalmic Clues to Systemic Crisis: Rapid Diagnosis and Multidisciplinary Management of Malignant Hypertension"	Dr.Arshdeep Kaur	
EP22	IRIDOCORNEAL ENDOTHELIAL (ICE) SYNDROME WITH SECONDARY GLAUCOMA IN A YOUNG MALE: A CASE REPORT	Dr.Aastha Sharma	
EP23	A case of neurocysticercosis presenting as papilledema.	Dr.Avneet Kaur	
EP24	The Fluid Behind the Vision: A Case of Central Serous Chorioretinopathy	Dr.Sonam Bhardwaj	
EP25	The Retina as a Window to Metabolic Health: A Case of Severe Diabetic Retinopathy.	Dr.Aditi	
EP27	Emergency Orbital Foreign Body Removal Following Accidental Gunshot Injury in a 13-Year-Old Girl	Dr.Sumit Oli	
EP28	The Inflammation that wasn't !	Dr.Pranav Rishi Aggarwal	
EP29	CANALICULAR INJURY – SIMPLIFIED	Dr.Chander Mohan	
EP30	Medial Canthal Dermoid Mimicking a Lacrimal Sac Mucocele: A Diagnostic Dilemma	Dr.Saneh Lata	
EP31	Atypical presentation of microcornea with iridofundal coloboma and epicapsular stars – A case report	Dr.Takshi	
EP33	The Hidden Ocular Surface burden of Glaucoma therapy : A clinical assessment of chronic drop exposure.	Dr.Riga Singh	
EP34	Comparitive study to evaluate efficacy of topical Alcaftadine 0.25 % vs Olopatidine 0.1 % in Allergic conjunctivitis.	Dr.Aaqib Ayub Najar	
EP35	Retinopathy of Prematurity in the Anti VEGF era: Pattern of regression and clinical outcome.	Dr.Mahima Pandita	
EP36	Burden of Dry Eye Disease in Patients with Allergic Conjunctivitis: A Hospital-Based Cross-Sectional Study	Dr.Karun Paul Singh	
EP37	A retinal clue to a systemic mystery: Ocular findings leading to the diagnosis of tuberculosis.	Dr.Momina Tahir Khan	

No.	Topic	Speaker	Min
EP38	The Silent progression: Neovascular Glaucoma after treated ischemic BRVO.	Dr.Karishma Yadav	
EP39	Tackling the Laterality challenge of VKH : True Unilaterality Vs Delayed Contralateral Crossover	Dr Hitisha Mittal	
EP40	Atypical bilateral optic neuritis in a 13 year old male	Dr.Aalia Mir	
EP41	Traumatic Enucleation Following Fall From Height : A Case Report	Dr.Palvi	
EP42	Ocular surface squamous neoplasia: A case presentation and management	Dr.Kheta Ram	
EP43	6 month follow up of case of CSCR on conservative treatment	Dr.Neha	
EP44	Fungal Keratitis where adding systemic antifungal drugs shows quick response	Dr.Janvi Gupta	
EP45	Case of full thickness macular hole	Dr.Shiwali Sarngal	
EP 46	Tertiary Cataract A Case Report	Dr Nandini Goyal	
EP 47	Leukemic Retinopathy	Dr Harsimrat Maan	
EP 48	The Neurological Mimic of Ocular Tuberculosis: A Tale of Two Cases of Misdiagnosed Benign Intracranial Hypertension	Dr Hitisha Mittal	
EP 49	Conjunctival Nevus ; A surgical Perspective On A Common Ocular Surface Lesion	Dr Maisha Singh	

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Dr Sujata Grover Video Session 1

Hall Kangra

DAY 2

Oct 31st

03:30 PM TO 05:00 PM

No.	Topic	Speaker	Min
VT2	Tackling watery eyes post cataract surgery- A Perspective	Dr.Ritesh verma	4
VT3	Superficial keratectomy for Salzmann Nodular Degeneration	Dr.Tanvi soni	4
VT4	Magic of Pupilloplasty	Dr.Sanjay Mishra	4
VT5	Intentional Spiral Capsulorhexis in Intumescent Cataract: A Simple Technique for Controlled Capsular Decompression	Dr.Shilpi Arya	4
VT6	TORIC IOL IN CATARACT SURGERY	Dr.Manisha Sharma	4
VT9	Band-Shaped Keratopathy Causing Hand Motion Vision in a 60-Year-Old Patient: Successful Management with EDTA Chelation	Dr.Poonam Sharma	4
VT14	A scleral tunnel graft free technique in AGV implantation in Refractory Glaucoma	Dr.Neetu Negi	4
VT15	MANAGEMENT OF HYPERMATURE CATARACT: TIPS	Dr.Suruchi Gupta	4
VT16	Nick, Strip, Round: A Safe Capsulotomy Sequence for Intumescent White Cataract	Dr.Anshul A Garg	4
VT17	Evisceration with orbital implant : Simplifying the surgical Steps to restore cosmesis	Dr.Manika Sharma	4
VT18	Sutureless block excision technique for extraocular muscle weakening in strabismus – Video presentation	Dr.Balbir singh	4
VT19	Difficult Situations in Cataract Surgery: A Video Compilation of Surgical Challenges and Their Management	Dr.Satbir Singh Bhaura	4

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Dr Premchandra Free Paper Session 6

Hall Kangra

DAY 2

Oct 31st

05:00 PM TO 06:30 PM

No.	Topic	Speaker	Min
FP15	Comparison of Ocular Parameters and Refractive errors in ROP treated Babies with the Normal Aged Population from 1-6 year.	Dr.Priya Sonkhla	6
FP19	To Determine The Retinal volume Changes In macular Oedma secondary to Retinal Vein Occlusion Treated With Ranibijumab & Corelation with Visual	Dr.Vinisha Jain	6
FP27	The Macular Lifeline: Cilioretinal Artery Sparing and Visual Outcome in CRAO	Dr.Keshav Gaba	6
FP29	Surgical Management and Insights from Persistent Fetal Vasculature in Infants with Retinopathy of Prematurity	Dr.Divyanshi Gupta	6
FP31	OCT Biomarkers Predicting Early Resistance to Anti-VEGF Therapy in Retinal Vein Occlusion (RVO)	Dr.Arushi	6
FP38	Congenital retinal macrovessel with bilateral papilledema	Dr.Suvashika Dhingra	6
FP57	Study OF Efficacy OF 0.5 % Carboxymethylcellulose Versus 0.4 % Polyethyline Glycol /0.3 % Propyline Glycol AS Tear Substitute FOR Treatment OF Dry Eye	Dr.Sudhanshu Khajuria	6
FP58	When Play Turns Perilous: Toy Car Antenna Coil Foreign Bodies in the Pediatric Conjunctival Fornix	Dr.Manisha Singh	6
FP59	Tsunami in mature cataract	Dr.Saharsh Thind	6
FP60	Prevalence of computer vision syndrome and associated risk factor among medical students	Dr.Prachi Nayyar	6

GBM 31.10.26 EVENING

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TECHNOLOGY TRANSFORMING DIAGNOSTICS

Hall Dhauladhar

DAY 3

Nov 01st | **09:00 AM TO 10:30 AM**

Chairperson : Dr.Siddharth Madan, Dr.Pankaj Gupta, Dr.Rishabh Grover, Dr.Pradeep Venkatesh, Dr.Jitender Jinagal, Dr.Kanwaljeet Harjot Madan; Dr Sumeet Khanduja

No.	Topic	Speaker	Min
1.	Clinical Application Of Multimodal Imaging	Dr. Nitin Kumar	7
2.	Role Of Optical Coherence Tomography (OCT) In SUSAC Syndrome	Prof. Vishwa Jyoti Bahl	7
3.	OCT: The Story Behind Every Micron	Dr. Vibhuti Mittal	7
4.	Genetics In Ophthalmology: What The Future Holds?	Dr. Renu Hashia Dhar	7
5.	Construction And Design Of NABH Compliant Modular OT Complex: Tips N Tricks	Dr. Sumeet Khanduja	7
6.	Ocular Plaque Brachytherapy- Indications And Usage	Dr. Svati Bansal	7
7.	ADR in Ophthalmology -- A Audit	Dr. Pankaj Sharma	7
8.	Aggressive ROP- The Journey Doesn't End With Anti VEGF	Dr. Manu Sharma	7
9.	Biosimilars In Retinopathy Of Prematurity: Where Do We Stand ?	Dr. Siddharth Madan	7
10.	A Scientific Insight Into Advance Allergic Management: Drug On Horizon – Bepomine	Dr. Rajan Gupta	7
11.	3D Digital Headsup Visualization System: A Great Tool For Teaching And Training Cataract Surgery	Dr. Balbir Singh	7
12.	Basic Of VEP	Dr Priya Kapila	7

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OPHTHALMIC KALEIDOSCOPE

Hall Dhauladhar

DAY 3

Nov 01st

10:30 AM TO 12:00 PM

Chairperson : Dr.Sony Sinha, Dr.Rashmi Singh , Dr.Aditya Kashyap, Dr.Deepak Kumar Sharma, Dr.Neelam Verma, Dr.Rohit Kumar, Dr.Anshu Grover

No.	Topic	Speaker	Min
1.	Collaborating With WSF For Capacity Development In The Govt Health Sector	Dr. Nitin Batra	7
2.	Art Of Therapeutic Conversation	Dr. Shruti Anand	7
3.	Dry Eye In Systemic Disease	Dr. Shikha Jain	7
4.	Pseudomyopia: Varied Presentation	Dr. Pankaj Maccani	7
5.	Conjunctival Cyst With Scleral Involvement: A Surgical Challenge	Dr. Ritika Dhiman	7
6.	INO: Rare Case Of One And Half Syndrome	Dr. Manish Wankhade	7
7.	Topical Losartan For Corneal Scarring - A Case Series	Dr. Sagar Udasi	7
8.	Paediatric Corneal Grafts : 31 Years Of Insight	Dr. Ashok Sharma	7
9.	VKH - Immunomodulators	Dr Anil Verma	7
10.	Posterior Capsule Rupture (PCR) : Not the End Game	Dr. Tushya Omprakash	7
11.	Lab To Living Eye: The Limbal Stem Cell Journey	Dr. Rajan Sharma	7
12.	Toric IOLs in Challenging Eyes: Tips & Tricks	Dr. Rishi Raj Singh	7
13,	Pairing Adaptive Fluidics With Advance Presbyopia – IOLs Bausch & Lomb	Dr Amandeep Singh Arora	10

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Dr Sujata Grover Video Session 2

Hall Baijnath

DAY 3

Nov 01st

09:00 AM TO 10:30 AM

No.	Topic	Speaker	Min
VT1	One-eyed patient with endophthalmitis and Iris Neovascularisatio: Is the battle for vision lost!	Dr.Nitin Kumar	4
VT7	HM to 6/6: Redefining Outcomes in Aniridia-Aphakia	Prof.Rajwinder Kaur	4
VT8	Art of Vitrectomy and Memberane peeling in TRDs	Dr.Sahil Arora	4
VT10	Large intraocular foreign body - A surgical challenge: Hand-shake technique comes to the rescue	Dr.Piyush Kohli	4
VT11	Muscle transplantation: an innovative technique for large angle deviation	Dr.Amit Gupta	4
VT12	A video showing a hybrid endoscopic approach for dense cataract in coloboma	Dr.Divyanshi Gupta	4
VT13	Trauma to Triumph: PFCL the Saviour	Dr.Manu Sharma	4
VT20	Phacoemulsification in Posterior Polar Cataract with Preexisting Posterior Capsular Defect	Dr.Ranjot Kaur	4
VT21	Stabilizing the Unstable- CTS assisted in the bag PCIOL implantation in Marfan Syndrome	Dr.Archeesha Vyas	4
VT22	MISSING CURTAIN - FROM DEFECT TO ANIRIDIA	Dr.Jayanand Urkude	4
VT23	The Invisible Intruder: A Case of a Disappearing Intralenticular Foreign Body	Dr.Rashmi Singh	4
VT24	Enigma of double layered taut posterior hyaloid membrane in a PDR case	Dr.Rajeev Gupta	4

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Young Achiever's Session and Free Paper \ Challenging Case \ Video Finals

Hall Kangra

DAY 3

Nov 01st

09:00 AM TO 11:00 AM

No.	Topic	Speaker	Min
YAS1	Spectral-domain optical coherence tomography characteristics in patients with transfusion-dependent thalassemia	Dr.Ritesh Verma	5
YAS2	Takayasu Retinopathy Findings on Ultra-Wide Field Fundus Fluorescein Angiography	Dr.Manu Sharma	5
YAS3	TO DISCUSS A CASE OF OCA AND TO REPORT ITS RARE ASSOCIATION WITH POSTERIOR STAPHYLOMA AND DOME SHAPED MACULA ON OCT	Dr.Neetu Negi	5