# HIM SUMMIT 2026

# 38TH NORTH ZONE OPHTHALMOLOGICAL SOCIETY CONFERENCE CUM HPOS MID TERM MEETING

30TH-31ST OCTOBER
1ST NOVEMBER

ROTARY EYE HOSPITAL
MARANDA



HOSTED BY

THE PALAMPUR ROTARY EYE FOUNDATION

38TH NORTH ZONE OPHTHALMOLOGICAL SOCIETY CONFERENCE
CUM
HPOS MID TERM MEETING

HIM SUMMIT 2026

# PROGRAM AT GLANCE

## DAY 1 | Friday, 30th October 2026

| Time | Dhauladhar (Hall A) | Baijnath (Hall B) | Kangra (Hall C) |
|---|---|---|---|
| 12:30PM – 2:30 PM | LUNCH (Lunch Area) | | |
| 12:30 PM – 02:00 PM | Challenging Case Session 1 | – | – |
| 01:00 PM – 02:30 PM | – | Dr Prem Chandra - Free Paper session 1 | Dr Prem Chandra - Free Paper Session 3 |
| 03:00 PM – 04:00 PM | Inauguration - Dhauladhar (HALL - A) | | |
| 04:30 PM – 06:00 PM | Challenging Case Session 2 | Dr Prem Chandra - Free Paper Session 2 | Dr Prem Chandra - Free Paper Session 4 |
| 7.00PM | Management Committee Meeting - ITC Fortune | | |

## DAY 2 | Saturday, 31st October 2026

| Time | Dhauladhar (Hall A) | Baijnath (Hall B) | Kangra (Hall C) |
|---|---|---|---|
| 09:00 AM – 10:30 AM | GLAUCOMA : BEYOND THE PRESSURE | OCULOPLASTY : 360 | Dr Prem Chandra - Free Paper Session 5 |
| 10:30 AM – 12:00 PM | CATARACT REIMAGINED | REFRACTIVE REVOLUTION | YOSI Session - Clinical pearls for young Ophthalmologists: Basics with a Modern Twist |
| 12:00 PM – 01:30 PM | ORATION & MASTER CLASS | WHEN UVEA MEETS RETINA | – |
| 01:30 PM – 03:30 PM | CORNEA : From Scar To Sight | RETINA FROM IMAGES TO INSIGHT | Challenging Case Session 3 |
| 03:00 PM – 04:00 PM | – | – | E-Poster |
| 03:30 PM – 05:00 PM | OCULOPLASTY CHALLENGE: WHAT YOU DO? | BEYOND THE BOUNDARIES | Dr Sujata Grover - Video Session 1 |
| 05:00 PM – 06:30 PM | GBM | | Dr Prem Chandra - Free Paper Session 6 |
| 7 PM ONWARDS | Gala Dinner - Villa Camellia | | |

## DAY 3 | Sunday, 1st November 2026

| Time | Dhauladhar (Hall A) | Baijnath (Hall B) | Kangra (Hall C) |
|---|---|---|---|
| 09:00 AM – 10:30 AM | TECHNOLOGY TRANSFORMING DIAGNOSTICS | Dr Sujata Grover - Video Session 2 | Young Achiever Session, Free Paper, Challenging Case, Best Video Final Session |
| 10:30 AM – 12:00 PM | OPHTHALMIC KALEIDOSCOPE | – | – |
| 12:00 PM | VALEDICTORY FUNCTION | | |



## *Dr. Sudhir Salhotra*

### *Organizing Chairman, NZOS 2026*
### *President Elect NZOS*

***Dear Esteemed Colleagues,***

**Warm Greetings and a Hearty Welcome to Palampur!**

**It gives me immense pleasure and privilege to welcome you all to the 38th North Zone Ophthalmological Society Conference, in collaboration with the Mid-Term Conference of the Himachal Pradesh Ophthalmological Society, being hosted in the beautiful and serene surroundings of Palampur, Himachal Pradesh.**

**Academic conferences are not merely opportunities to exchange scientific knowledge; they are occasions to strengthen professional bonds, inspire young minds, share experiences, and collectively advance the cause of quality eye care. With ophthalmology progressing rapidly through technological innovations, evolving surgical techniques, and new diagnostic approaches, this conference provides an ideal platform for learning, collaboration, and professional growth.**

**We are honoured to welcome our distinguished faculty members, senior ophthalmologists, researchers, postgraduate students, and young practitioners from across the country. Their participation and contributions will make this gathering a truly enriching academic experience. We are confident that the scientific deliberations, interactive sessions, and exchange of ideas will inspire new perspectives and help us further improve patient care.**

**Organising a conference of this stature is a collective endeavour. I extend my heartfelt gratitude to the leadership and executive teams of NZOS and HPOS, the scientific committee, the organising team, and all the doctors, colleagues, and supporters whose dedication and cooperation have made this conference possible. I particularly appreciate the commitment of our local organising team and the entire staff of The Palampur Rotary Eye Foundation and Rotary Eye Hospital, Maranda, for their invaluable efforts in bringing this academic gathering to fruition.**

**As we come together with a shared commitment to advancing ophthalmology and serving our patients better, I wish the conference every success and each participant a rewarding and memorable experience.**

**Once again, a very warm welcome to Palampur.**

## *Dr. Rohit Kumar*

### *Organizing Secretary, NZOS 2026*



**Dear Colleagues & Friends,**

**It is my privilege to welcome you to the 38th North Zone Ophthalmological Society Conference, in collaboration with the Mid-Term Conference of HPOS, at the beautiful town of Palampur.**

**We have made every effort to ensure a rewarding scientific programme, smooth organisation, and warm hospitality. I sincerely thank the NZOS and HPOS leadership, distinguished faculty, organising team, and all delegates for their valuable support and participation.**

**May this conference foster academic excellence, meaningful collaborations, and lasting professional friendships. We wish you an enriching academic experience and a memorable stay amidst the natural beauty of Palampur.**

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## *Dr. Asheesh Gupta*

### *Treasurer-OC, NZOS 2026*



**Dear Colleagues & Friends,**

**It gives me great pleasure to welcome you to the 38th North Zone Ophthalmological Society Conference, in collaboration with the Mid-Term Conference of HPOS, at Palampur.**

**I express my sincere gratitude to the NZOS and HPOS leadership, organising committee, sponsors, and all supporters for their invaluable cooperation and trust.**

**I wish all delegates an enriching academic experience, fruitful interactions, and a memorable stay amidst the scenic beauty and warm hospitality of Palampur.**

**Welcome to Palampur, and best wishes for a successful conference!**



## *Dr. Satanshu Mathur*

### *Chairman, Scientific Committee – NZOS*

**Dear Colleagues,**

**Warm Greetings!**

**On behalf of the scientific committee of the North Zone Ophthalmological Society, it is great pleasure to welcome you to 38th North Zone Ophthalmological Society conference in collaboration with midterm conference of Himachal Pradesh Ophthalmological Society being held in the refreshing surroundings of Palampur.**

**Ophthalmology continues to evolve rapidly ,with remarkable advances in the surgical techniques, diagnostics, technology & patient care .This conference provides an excellent platform to exchange knowledge ,share experiences and explore innovative approaches that will help us deliver better outcomes for our patients .**

**We are privileged to have distinguished faculties from across the country sharing their experiences & insights. Equally important is participation of our postgraduate students & young ophthalmologists, whose enthusiasm, research & fresh perspectives are essential for the future of our speciality.**

**Our Scientific program has been designed to offer a stimulating blend of academic excellence, practical learning, interactive discussions & professional camaraderie. I am confident that the sessions will inspire new ideas & enrich the clinical & surgical skills of all participants.**

**I want to express my deep gratitude to all NZOS & HPOS executives especially Dr Gaurav Luthra, Prof Karamjeet Singh, Dr Inder Mohan Rustagi, Dr Raman Mittal, Prof Manisha Nada , Dr Ram Lal, Dr Praveen Panwar, Dra Gaurav Sharma and Dr Vinay Gupta for their valuable guidance. I am also grateful to the members of the Scientific Committee Dr. Ajay Sharma, Dr. Sudhir Salhotra, Dr. Parul Ichhpujani, Dr Hans Raj, Dr. Tarannum Shakeel, Dr. Priyanka Arora for all their support. My special thanks to the organising team Dr Sudhir Salhotra , Dr Rohit Kumar, Dr Ashish, Dr Babita & team whose dedicated efforts have helped shaped this conference so well .**

**Beyond the science, Palampur offers the charm of the majestic Dhauladhar mountains, lush tree gardens, & the refreshing beauty of Himachal Pradesh.**

**I look forward to welcoming you all to Palampur for an enriching & memorable NZOS – HPOS Joint Conference**



## *Dr. Gaurav Sharma*

### *Chairman, Scientific Committee – HPOS*

**Dear Colleagues,**

**Warm Greetings!**

**It is my immense privilege to welcome you to the 38th North Zone Ophthalmological Society Conference Cum Midterm HPOS, hosted by The Palampur Rotary Eye Foundation, set against the serene and picturesque backdrop of Palampur, Himachal Pradesh.**

**This year's meeting brings together leading experts, brilliant minds, and eminent faculty members from across the country, delivering high-quality academic sessions, landmark orations, and insightful keynote addresses. The scientific program has been meticulously crafted and is further enriched by an overwhelming response from our delegates, featuring comprehensive free paper sessions, engaging video presentations, challenging case discussions, and extensive e-posters reflecting the immense depth, talent, and vibrancy of our community.**

**Alongside these, the conference will feature specialized symposia spanning cutting-edge developments in Cataract, Glaucoma, Cornea, Retina, Oculo-plasty, and Refractive Surgery, promising a rich blend of shared learning, clinical innovation, and spirited collaboration.**

**We remain deeply grateful to our esteemed organizing team, supportive sponsors, and dedicated faculty whose relentless efforts have helped shape a scientific program of such remarkable depth, diversity, and clinical relevance.**

**We look forward to welcoming you to Palampur for an academic experience that is as professionally inspiring as it is memorable.**

# MEET THE SCIENTIFIC COMMITTEE (NZOS)



Dr. Satanshu Mathur



Dr. Ajay Sharma



Dr. Sudhir Salhotra



Dr Parul Ichhpujani



Dr Hansh Raj



Dr Priyanka Arora



Dr Taranum Shakeel

# LOCAL ORGANIZING COMMITTEE



**DR SUDHIR SALHOTRA**
ORGANISING CHAIRMAN



**DR ROHIT KUMAR**
ORGANISING SECRETARY



**DR ASHEESH GUPTA**
TREASURER

## SCIENTIFIC CO-ORDINATORS

DR. BABITA
DR. RITIKA DHIMAN
DR. ASHWINI S PATIL
DR. PRIYA KAPILA
DR. SHABNAM
DR. SUSHANT DAVGOTRA
MR. ATUL PRASHAR
MS. SHIVANSHI
MRS. SHITAL JAIN
MRS. MINAKSHI

## TRADE COMMITTEE

DR. ANIL KAKDE
MR. MUKESH KUMAR
MR. NITIN RANA
MR. ANKIT KUMAR

## RECEPTION AND HOSPITALITY

DR. RAJUL CHANCHANI
MR. SANDEEP JAIN
MR. K.S. SHARMA
MR. VIPUL RANA
MR. NEETESH JAIN
MR. VIKRANT SOOD

## IT & MEDIA CO-ORDINATORS

MR. VIJAY BISHT
MR. CHETAN PUNJ
CA. AMANDEEP
MR. SUBHASH
MR. MONTY PATIAL

## TRANSPORT & ACCOMMODATION

MR. SANDEEP JAIN
MR. K.S. SHARMA
MR. RAHUL CHOUDHARY

# MEET THE OFFICE BEARERS (NZOS)



**Dr. Gaurav Luthra**
**President**



**Dr. Karamjeet Singh**
**Hon. Secretary**



**Dr. Satanshu Mathur**
**Chairman Sci. Comm.**



**Dr. Inder Mohan Rustagi**
**Treasurer**



**Dr Raman Mittal**
**Joint Treasurer**



**Dr Urmil Chawla**
**Joint Secretary**



**Dr Manisha Nada**
**Editor Journal**

# NZOS EXECUTIVE

## Executive Committee:

**President:** Dr. Suresh Kumar
**Vice-President:** Dr. Gaurav Luthra
**Hon. General Secretary:** Dr. Karamjit Singh
**Joint Secretary:** Dr. Urmil Chawla
**Treasurer:** Dr. Inder Mohan Rustogi
**Joint Treasurer:** Dr. Ramam Mittal
**Chairman, Scientific Committee:** Dr. Satanshu Mathur
**Editor, Journal:** Dr. Manisha Nada

## Members of the Scientific Committee

- Dr. Priyanka Arora
- Dr. Taranum Shakeel
- Dr. Hans Raj
- Dr. Parul Ichhpujani
- Dr. Sudhir Salhotra
- Dr. Ajay Sharma

## Managing Committee Members

- Dr. JPS Sodhi
- Dr. Rajwinder Kaur
- Dr. Amit Gupta
- Dr. Susmitha Kaushik
- Dr. Markanday Ahuja
- Dr. Jagdeep Singh Basur
- Dr. Ashok Sharma
- Dr. Imtiaz A. Lone
- Dr. Jitender Rudkee
- Dr. Praveen Panwar
- Dr. Renu Dhasmana
- Dr. Sanjiv Mittal

# MEET THE OFFICE BEARERS (HPOS)



**Dr. Ram Lal Sharma**
**President**



**Dr. Praveen Panwar**
**Hon. Secretary**



**Dr. Gaurav Sharma**
**Chairman Sci. Comm.**



**Dr. Vinay Gupta**
**Treasurer**



**Dr Deepak Kumar Sharma**
**Editor Journal**



## Dr. Prem Chandra: A Legend Beyond Generations

Born in 1920 and brought up in a highly educated and accomplished family, Dr. Premchandra was the son of Col. Amir Chand, IMS, who was a Professor of Medicine at King Edward Medical College, Lahore. A brilliant student throughout his academic career, Dr. Premchandra achieved the distinction of becoming the youngest Professor of Ophthalmology. He served in this capacity at Nagpur, Patiala and Rohtak before retiring as Director of PGIMS, Rohtak. A highly disciplined, ethical, humane and punctual professional, he was exceptionally bold in pursuing and upholding his beliefs regarding medical education and healthcare. His tenure at the helm of PGIMS, Rohtak, was a defining period for ophthalmology, and his legacy continues to inspire generations of medical professionals. His passion for learning and teaching was exceptional. Even after retirement, his thirst for knowledge remained undiminished. He learned Sanskrit and computer science to enhance his understanding of the *Bhagavad Gita* and Vedic astrology. He shared a close friendship with His Holiness the Dalai Lama and was deeply committed to educating the rural population of Himachal Pradesh about the prevention of infectious diseases such as HIV and tuberculosis.

Dr. Premchandra breathed his last in 2003, leaving behind an enduring legacy of professional excellence, compassion and service. He was a mentor to many of us, and his wisdom, dedication and inspiring personality will always be remembered with deep respect and gratitude.



## Dr. Sujata Grover: The Woman, The Leader, The Legend

Dr. Sujata Grover was a dynamic all-rounder in life and in ophthalmology.

She completed her MBBS from Lady Hardinge Medical College (LHMC), New Delhi, and earned the coveted medal in MS Ophthalmology from PGI, Chandigarh. She headed the Medical Retina, Laser and Vitreoretinal Surgery departments at Grover Eye Laser Hospital, Chandigarh.

She was the youngest and the first woman President of the Chandigarh Ophthalmological Society (2001).

We lost her in 2021, shortly after her 59th birthday. Her remarkable professional achievements, dynamic personality and contributions to ophthalmology will always be remembered.

# NZOS 2026
## ROLL OF HONOR



**Dr. Surat Singh**
**Life time Achievement Award 2026**



**Dr. Virendra Singh Sangwan**
**Dr. S.S. Grewal Oration 2026**

# NZOS 2025
## SCIENTIFIC AWARDS



**Dr. Shivam Gupta**
**Dr . Prem Chandra Best Free Paper**



**Dr. Hitashi Mittal**
**Best Challenging Case**



**Dr. Raman Mittal**
**Dr Sujata Grover Best Video Award**



**Dr. Sakshi Arora**
**Best E-Poster Award**

# NZOS Life Time Achievement Award



## Dr. Surat Singh

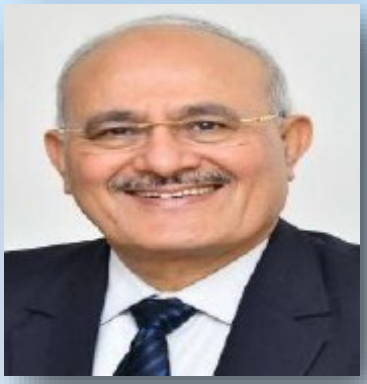
### Educational Qualifications

- **Schooling:** DAV School, Lakkar Bazar, Shimla
- **MBBS:** 1972, Indira Gandhi Medical College (IGMC), Shimla
- **DA (Diploma in Anaesthesia):** 1979
- **MS (Ophthalmology):** 1984, (PGIMER), Chandigarh

### Service and Professional Career

- Joined service in June 1973 at Ripon Hospital, Shimla.
- Joined the Diploma in Anesthesia programme at IGMC, Shimla, in 1978 and qualified in 1979.
- Worked in the Department of Anaesthesia until 1981.
- Joined the Department of Ophthalmology at PGI, Chandigarh, in July 1982 and completed MS in 1984.
- Served as an Eye Surgeon at Ripon Hospital, Shimla, and Civil Hospitals at Rohru and Theog in Shimla district.
- Joined IGMC, Shimla, in 1991.
- Retired as Professor of Ophthalmology in 2007.
- Served as Professor of Ophthalmology at Teerthanker Mahaveer Medical College & Research Centre (TMMC & RC), Moradabad, from June 2010 to June 2013.
- Served as Professor and Head at Maharishi Markandeshwar Medical College & Hospital, Kumarhatti, Solan, from September 2013 to January 2017.
- Served as Professor and Head at Dr. Y.S. Parmar Government Medical College (YSPGMC), Nahan, from October 2017 to January 2019.

# Dr. S.S. Grewal Oration 2026



## Dr. Virender Singh Sangwan, MS

**Director of Innovations**

**Dr Shroff's Charity Eye Hospital (SCEH), Delhi.**

Dr Virender Sangwan is a world-renowned ophthalmologist and a pioneer in regenerative medicine with a career spanning over 30 years. Currently serving as the Director of Innovations at Dr Shroff's Charity Eye Hospital (SCEH), Delhi, Dr Sangwan is widely recognized for his groundbreaking work in ocular immunology and corneal health.

A former student of Harvard Medical School and a long-time leader at the LV Prasad Eye Institute, Dr Sangwan's most significant contribution is the development of **Simple Limbal Epithelial Transplantation (SLET)**. This innovative technique democratized limbal stem cell therapy by simplifying the procedure and drastically reducing costs, making sight-restoring surgery accessible to thousands of patients worldwide.

His commitment to translational research continues through his leadership in developing **"Liquid Cornea"**—a bioengineered technology poised to eliminate the global shortage of donor corneal tissue.

**Key Achievements:**

- **Innovator:** Developed SLET, now a global gold standard for treating chemical corneal injuries.
- **Global Recognition:** Recipient of the prestigious **Shanti Swarup Bhatnagar Prize** and named among the top 2% of scientists globally.
- **Institutional Leader:** Founder and current President of the Asia Cornea Society and former President of the Uveitis Society of India.
- **Educator:** Has led clinical training programs across five continents, including significant work with ORBIS International.

Dr. Sangwan remains at the forefront of medical innovation, bridging the gap between laboratory breakthroughs and clinical patient care.

# NZOS 2026 FACULTY OF EXCELLENCE

- Dr. A. Deshpandey
- Dr. Aditi Parashar
- Dr. Aditya Kashyap
- Dr. Ajay Sharma
- Dr. Aman Preet Kaur
- Dr. Amit Gupta
- Dr. Anil Kumar Verma
- Dr. Ankur Singh
- Dr. Anshu Grover
- Dr. Anu Malik
- Dr. Anuradha Raj
- Dr. Ashi Khurana
- Dr. Ashok Sharma
- Dr. B. N. R. Subudhi
- Dr. Babita
- Dr. Bagla Madanlal
- Dr. Balbir Singh
- Dr. Bina Shah
- Dr. Bruttendu Moharana
- Dr. Deepak Kumar Sharma
- Dr. Gaurav
- Dr. Gaurav Luthra
- Dr. Gaurav Sharma
- Dr. Gursatinder Singh
- Dr. Inder Mohan Rustagi
- Prof. Dr. Jagat Ram
- Dr. Jayanand Urkude
- Dr. Jitender Jinagal
- Dr. Jitender Singh Roodkee
- Dr. John Jacob Mathew
- Dr. Kanwaljeet Harjot Madan
- Dr. Karamjit Singh
- Dr. M. R. Dogra
- Dr. Manika Sharma
- Dr. Manish Wankhade
- Dr. Manisha Nada
- Dr. Manu K. Rampal
- Dr. Manu Sharma
- Dr. Markanday Ahuja
- Dr. Mittal Raman
- Dr. Nazia Anjum
- Dr. Neelam Verma
- Dr. Neetu Negi
- Dr. Nitin Batra
- Dr. Nitin Gupta
- Dr. Nitin Kumar
- Dr. Nitish Arora
- Dr. Palak Gupta
- Dr. Pankaj Gupta
- Dr. Pankaj Maccani
- Dr. Pankaj Sharma
- Dr. Pawan Prashar
- Dr. Pradeep Venkatesh
- Dr. Prafulla Maharana
- Dr. Prateek Nishant
- Dr. Praveen Kumar Panwar
- Dr. Pushpinder Kaur Bhaura
- Dr. Rajan Gupta
- Dr. Rajan Sharma
- Dr. Rajeev Gupta
- Dr. Rajiv Kumar
- Dr. Rajvinder Kaur
- Dr. Rashmi Singh
- Dr. Renu Dhasmana
- Dr. Renu Hashia Dhar
- Dr. Rijuneeta
- Dr. Rishabh Grover
- Dr. Rishi Raj Singh
- Dr. Ritesh Verma
- Dr. Ritika Dhiman
- Dr. Rohit Kumar
- Dr. Ruchi Dabas
- Dr. Sagar Udasi
- Dr. Samson Rajpal
- Dr. Satanshu Mathur
- Dr. Sehar Om Prakash
- Dr. Shakeel
- Dr. Shakeen Singh
- Dr. Shika Sharma
- Dr. Shikha Jain
- Dr. Shruti Anand
- Dr. Siddharth Madan
- Dr. Sony Sinha
- Dr. Subina Narang
- Dr. Sudhir Salhotra
- Dr. Sukhdeep Bains
- Dr. Sumeet Khanduja
- Dr. Surender Kumar
- Dr. Suresh Gupta
- Dr. Surinder Kumar
- Dr. Suruchi Gupta
- Dr. Svati Bansal
- Dr. Swati Sharma
- Dr. Tushya Omprakash
- Dr. Usha Singh
- Dr. Utkarsh Roodkee
- Dr. Vibhuti Mittal
- Dr. Vipan Vig
- Dr. Viral Shah
- Dr. Virender Sangwan
- Dr. Vishal H. Sharma
- Dr. R. L. Sharmaa
- Dr. Rajeev Tuli
- Prof. Dr. Rajwinder Kaur
- Dr. Vishwa Jyoti Bahl

HIM SUMMIT 2026

# 38th | NORTH ZONE OPHTHALMOLOGICAL SOCIETY CONFERENCE & HPOS MID TERM MEETING

30th OCTOBER – 1st NOVEMBER, 2026 | ROTARY EYE HOSPITAL, PALAMPUR

# Day - 1

## 30th October



# Challenging Case Session - 1

**DHAULADHAR (HALL - A)**

**12:30 PM - 1:30 PM**

**Day 1**

**October 30**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| CC1 | Disc Edema: Don't Miss the Sign | Dr. Nitin Kumar | 5 |
| CC2 | Isolated Conjunctival Lymphangioma | Dr. Ritesh Verma | 5 |
| CC3 | Unusual Tiny Dermoid of Caruncle | Dr. Nazia Anjum | 5 |
| CC4 | A Case of Sterile Corneal Infiltrate Postoperative Day One Following Uneventful Cataract Surgery | Dr. Tanvi Soni | 5 |
| CC5 | Post-Traumatic Cataract Management | Dr. Sanjay Mishra | 5 |
| CC6 | Phacoemulsification Using 4D UNITY System in an One-Eyed 79-Year-Old Male Post-Penetrating Keratoplasty | Dr. Shilpi Arya | 5 |
| CC7 | Pseudomyopia: Varied Presentation | Dr. Pankaj Maccani | 5 |
| CC8 | Divergent Outcomes in Preterm Twins with Aggressive Retinopathy of Prematurity Treated with Intravitreal Bevacizumab | Prof. Rajwinder Kaur | 5 |
| CC9 | Patience Is Key in Strabismus Surgery: Case of Delayed Recovery after Early Recurrent Esotropia | Dr. Poonam Sharma | 5 |
| CC10 | When CMV Mimics Retinal Vascular Occlusion: An Unusual Presentation of CMV Retinitis in a Renal Transplant Recipient | Dr. Pranav Rishi Aggarwal | 5 |
| CC11 | Management of Vitreoretinal Lymphoma Secondary to Systemic B-Cell Lymphoma | Dr. Bruttendu Moharana | 5 |
| CC12 | From Headache to Proptosis: A Missed Pituitary Macroadenoma Presenting with Apoplexy | Dr. Kritika Katoch | 5 |

# LUNCH 12:30 PM- 2:30 PM

HIM SUMMIT 2026

Day 1

# 38th | NORTH ZONE OPHTHALMOLOGICAL SOCIETY CONFERENCE & HPOS MID TERM MEETING

## INAUGURAL CEREMONY

30th October 2026 | 3:00 PM – 4:00 PM

## Executive Body NZOS Meeting

## 30.10.26 EVENING



# Challenging Case
## Session - 2

**DHAULADHAR (HALL - A)**
**4:30 PM - 6:00 PM**

**Day 1**
**October 30**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| CC13 | Bilateral Peripheral Exudative Hemorrhagic Chorioretinopathy: A Challenge in an Elderly Patient with Diabetes, Hypertension and Anticoagulant Use | Dr. Robin Singh | 5 |
| CC14 | Accidental Intravitreal Trypan Blue During Cataract Surgery: Surgical Challenges, Intraoperative Management, and Complete Spontaneous Resolution | Dr. Manish Wankhade | 5 |
| CC15 | Bilateral Endogenous Endophthalmitis Secondary to Systemic Escherichia Coli Infection: A Rare Case Report | Dr. Shefali Verma | 5 |
| CC16 | The Silent Splinter: A Case of Retained Organic Corneal Foreign Body Without Infective Compromise | Dr. Vinod Kashyap | 5 |
| CC17 | The Unexpected Invader: Mucormycosis Defying the Usual Route in an Immunocompetent Child | Dr. Jahnavi Katoch | 5 |
| CC18 | When the Base Bites Back: Reconstructive Challenges Following Excision of a Dual-Natured Eyelid Cyst | Dr. Anshul A. Garg | 5 |
| CC19 | From Dehiscence to Alignment: Staged Reconstruction of a Devastating Periocular Injury | Dr. Keshav Gaba | 5 |
| CC20 | Unveiling Systemic Autoimmune Disease: A Rare Case of Bilateral Corneal Ulceration | Dr. Sejal Katoch | 5 |
| CC21 | The Pressure Paradox: Simultaneous Hypotension and Hypertension in Fellow Eyes | Dr. Archeesha Vyas | 5 |
| CC22 | Endogenous Endophthalmitis Caused by Candidozyma Auris, an Emerging Multi-Drug Resistant Pathogen in a Premature Neonate | Dr. Divyanshi Gupta | 5 |
| CC23 | Beyond the Image: Unmasking a Rare Pediatric Eyelid Masquerader | Dr. Arushi | 5 |
| CC24 | Combined Augmented Kestenbaum-Anderson Procedure with Contralateral Extraocular Muscle Transplantation for Infantile Nystagmus and Exotropia | Dr. Shubhangi Singh | 5 |

# Dr. Premchandra Free Paper Session - 1

**BAIJNATH (HALL - B)**

**01:00 PM - 02:30 PM**

**Day 1**

**October 30**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| FP1 | Unravelling the Cause of Childhood Blindness: A Rare Bilateral Anterior Segment Puzzle | Dr. Aarushi Choudhary | 6 |
| FP3 | Effects of Axial Length on RNFL and Ganglion Cell-Inner Plexiform Layer Thickness | Dr. Vipul Khajuria | 6 |
| FP4 | Accuracy of Nurse-Read Wide-Field Digital Retinal Imaging for Diagnosing Diabetic Retinopathy | Dr. Nitin Kumar | 6 |
| FP5 | A Prospective Comparative Study of Topical and Peribulbar Anesthesia in Cataract Surgery | Dr. Divya Shree Chadha | 6 |
| FP7 | Prospective Comparative Analysis of Early Endothelial Cell Loss: Unity 4D VCS versus Centurion Phacoemulsification | Dr. Shilpi Arya | 6 |
| FP12 | To Determine the Surgically Induced Astigmatism Along Vertical and Horizontal Curvature of Cornea After Phacoemulsification | Dr. Nikita Verma | 6 |
| FP16 | Clinical Profile of Patients Presenting with Sudden Painless Nontraumatic Diminution of Vision to Tertiary Care Institute at Dr. RPGMC Tanda, Kangra | Dr. Anand Korde | 6 |
| FP40 | Comparison of Phacocapsulotomy vs. Needle Aspiration in Outcomes of Intumescent Cataract Surgery Using Phacoemulsification | Dr. Arpita | 6 |
| FP54 | Case Presentation of a Retro-Fixated Iris Claw Lens | Dr. Geetanjali Behal | 6 |
| FP56 | Management of Pediatric Cataract: Our Experience | Dr. Gaurav Kumar | 6 |
| FP61 | Leukeme Retinopathy | Dr. Harsimrat Maan | 6 |

# Dr. Premchandra
# Free Paper Session - 2

**BAIJNATH (HALL - B)**

**04:30 PM - 06:00 PM**

**Day 1**

**October 30**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| FP17 | Ocular Manifestations in Patients with Autoimmune Connective Tissue Diseases at Dr. RPGMC, Tanda, Kangra | Dr. Raveena Kumari | 6 |
| FP20 | Regression of Mature Corneal Neovascularization Using Combined Anti-VEGF and Fine-Needle Diathermy: A Corneal Preconditioning Strategy | Dr. Sidrah Imran | 6 |
| FP23 | To Study Ophthalmic Manifestations of Snakebite Cases in a Tertiary Care Institute in the Sub-Himalayan Region | Dr. Mridul Sharma | 6 |
| FP28 | Evaluation of Anatomical Biomarkers for Diabetic Retinal Neurodegeneration Measured by Optical Coherence Tomography | Dr. Rakesh Bisyer | 6 |
| FP32 | Exosomes Derived from Co-Culture of Umbilical Cord & Corneal Stromal Cells and Their Effect on Corneal Stromal Cells In Vitro Wound Healing Model | Dr. Rajan Sharma | 6 |
| FP34 | Effect of Ripasudil on Visual Outcomes in Pseudophakic Corneal Edema Following Phacoemulsification in Cataract Surgery | Dr. Agreema | 6 |
| FP36 | From Procurement to Pipette: Analyzing Donor De-mographics and Ischemic Intervals Across a Spectrum of Keratoplasty Indications | Dr. Bhawna Thareja | 6 |
| FP37 | Effect of Low-Dose Pilocarpine 0.4% on Presbyopia | Dr. Mehak Mangla | 6 |
| FP53 | Diagnostic Performance of a Telemedicine-Enabled Portable Non-Mydriatic Fundus Camera Compared with a Tabletop System for Retinal Imaging in Undilated Eyes | Dr. Utkarsh Roodkee | 6 |
| FP55 | Phacolytic Glaucoma: Time Is Vision | Dr. Deepanshu Sharma | 6 |

# Dr. Premchandra
# Free Paper Session - 3

**KANGRA (HALL - C)**

**01:00 PM - 02:30 PM**

**Day 1**

**October 30**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| FP18 | Analysis of Macular and Peripapillary Retinal Nerve Fibre Layer Thickness in POAG and Non-Glaucomatous Eyes Following Phacoemulsification | Dr. Ankita | 6 |
| FP24 | PHACES: A Rare Neurocutaneous Disorder with Ophthalmic Presentation | Dr. Pareena Mittal | 6 |
| FP30 | Selective Laser Therapy for Cyclodialysis Cleft Repair: A Novel Role for Double-Frequency Nd:YAG Laser | Dr. Akanksha Sharma | 6 |
| FP39 | Comparison of Anterior Segment Biometrics Before and After Nd:YAG Laser Peripheral Iridotomy in Primary Angle Closure Disease Subtypes | Dr. Pearl Mahajan | 6 |
| FP43 | Evaluating the Efficacy and Safety of Ranibizumab Therapy in Macular Edema | Dr. Aastha Arora | 6 |
| FP48 | Comparison of Visual Functions of Refractive Extended Depth of Focus Intraocular Lens Between Patients with and Without Glaucoma | Dr. Arshita Chaudhry | 6 |
| FP49 | Effect on Contrast Sensitivity and Ocular Surface Using Different Formulations of Preservative-Free Topical Travoprost in Treatment-Naive Primary Open-Angle Glaucoma Patients | Dr. Vidushi Vashisht | 6 |
| FP50 | Contrast Sensitivity Post-CXL: Insights from the Spaeth-Richman Test | Dr. Rayna Ahuja | 6 |
| FP51 | Outcome of Selective Laser Trabeculoplasty in Primary Open-Angle Glaucoma Versus Primary Angle Closure Glaucoma in Patients with Failed Trabeculectomy | Dr. Amandeep Kaur | 6 |
| FP52 | Utility of 24-2C Visual Field Testing in Glaucoma Suspects and Early Glaucoma | Dr. Archit | 6 |
| FP62 | Tertiary Cataract — A Case Report | Dr. Nandini Goyal | 6 |

# Dr. Premchandra
# Free Paper Session - 4

**KANGRA (HALL - C)**

**04:30 PM - 06:00 PM**

**Day 1**

**October 30**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| FP6 | Modified External DCR in Patients with Complicated Dacryocystitis | Dr. Ritesh Verma | 6 |
| FP14 | Crab Lice Off Course: A Case Report of Ectopic Pthirus Pubis Infestation | Dr. Prolima Thacker | 6 |
| FP21 | Lifting the Papillomatous Veil: Excision and Interferon Alpha-2b in Diffuse Conjunctival Papillomatosis | Dr. Jahnavi Katoch | 6 |
| FP22 | Phenotypic Spectrum of Goldenhar Syndrome: A Case Series on Oculo-Auriculo-Vertebral Anomalies | Dr. Richa Agarwal | 6 |
| FP25 | Risk Factors and Clinical Profile of Dry Eye Disease | Dr. Ojus Kalia | 6 |
| FP26 | Navigating Through Orbital Foreign Bodies: Diagnostic Challenges and Management of Retained Organic Orbital Foreign Bodies - A Case Series | Dr. Manika Sharma | 6 |
| FP33 | Darkness, Interrupted: A Dramatic Visual Recovery in Bilateral Optic Neuritis | Dr. Bhumish Rai | 6 |
| FP35 | Retained Insect in a 3-Year-Old Child: A Diagnostic Dilemma | Dr. Navreet | 6 |
| FP42 | Restoring the Socket, Rebuilding Confidence: Management of a Contracted Anophthalmic Socket | Dr. Chander Mohan | 6 |

HIM SUMMIT 2026

# 38th | NORTH ZONE OPHTHALMOLOGICAL SOCIETY CONFERENCE & HPOS MID TERM MEETING

30th OCTOBER – 1st NOVEMBER, 2026 | ROTARY EYE HOSPITAL, PALAMPUR

# Day - 2

## 31st October



# GLAUCOMA : BEYOND THE PRESSURE

**DHAULADHAR (HALL - A)**

**09:00 AM - 10:30 AM**

**Day 2**

**October 31**

**Chairpersons: Dr. Surinder Kumar, Dr. Pushpinder Kaur Bhaura, Dr. Prateek Nishant, Dr. Manish Wankhade, Dr. Nitin Batra, Dr. Suruchi**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1. | Back to Basics: A Comprehensive Review of Gonioscopy in Clinical Practice | Dr. Ruchi Dabas | 7 |
| 2. | Management of Neovascular Glaucoma | Dr. Suresh Gupta | 7 |
| 3. | Management of Traumatic Glaucoma | Dr. Neetu Negi | 7 |
| 4. | Trabeculectomy and Its Complications | Dr. Anuradha Raj | 7 |
| 5. | Role of SLT in Glaucoma | Dr. Rohit Kumar | 7 |
| 6. | My Experience with MIGS: KDB, BANG, GATT, and iStent | Dr. Neetu Negi | 7 |
| 7. | Surgical Outcomes of Combined SICS & Trabeculectomy | Dr. Anuradha Raj | 7 |
| 8. | The Unhappy Trabeculectomy: Early Recognition and Management of Over-and Under-Filtration | Dr. Neelam Verma | 7 |
| 9. | Glaucoma Prevalence: The Challenge Has to Be Met | Prof. Rajeev Tuli | 7 |
| 10. | Progression in Glaucoma and Clinical Decisions | Dr. Gursatinder Singh | 7 |
| 11. | Glaucoma Surgery: Emerging Paradigm | Dr. S. S. Pandav | 7 |

# CATARACT REIMAGINED

**DHAULADHAR (HALL - A)**

**10:30 AM - 12:00 PM**

**Day 2**

**October 31**

**Chairpersons: Dr. Balbir Singh, Dr. Ashi Khurana, Dr. Viral Shah, Prof. R. L. Sharma, Dr. Anil Kumar Verma, Dr. Rohit Kumar**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1. | Cracking the Rock: Phaco in Hard Cataract | Dr. Satanshu Mathur | 7 |
| 2. | Needle-Assisted Pars Plana Decompression for Acute Infusion Misdirection Syndrome During Phaco | Dr. Manish Wankhade | 7 |
| 3. | Retro-Pupillary Iris-Clawed IOL | Dr. Jitender Singh Roodkee | 7 |
| 4. | 2mm MSICS: Experience So Far | Dr. Karamjit Singh | 7 |
| 5. | Beyond Viscoelastics: The Art of Fluid-Only Phaco | Dr. Surinder Kumar | 7 |
| 6. | Loop, Lasso and Recenter: Managing a Subluxated IOL-Bag Complex | Dr. Jayanand Urkude | 7 |
| 7. | Navigating Complexity in Traumatic Cataracts | Dr. Pawan Prashar | 7 |
| 8. | Why Laser Cataract Surgery Is Still Preferred by Experts | Dr. Gaurav Luthra | 7 |
| 9. | Oblique Chop: A Novel Hook-and-Lock Technique for Single-Step Nuclear Fracture in Cataract Surgery | Dr. Tushya Omprakash | 7 |
| 10. | Newer IOLs: Which One to Choose and How | Dr. Ajay Sharma | 7 |
| 11. | Hypermature Cataracts: Ways to Manage | Prof. Inder Mohan Rustagi | 7 |
| 12. | The Fight Behind the Sight | Dr. Shakeen Singh | 7 |

# ORATION & MASTER CLASS

**DHAULADHAR (HALL - A)**

**12:00 PM - 01:30 PM**

**Day 2**

**October 31**

**Chairpersons: Dr. Gaurav Luthra, Dr. Satanshu Mathur, Dr. Karamjit Singh, Prof. Inder Mohan Rustagi, Dr. Mittal Raman, Dr. Manisha Nada**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1. | Dr. S. S. Grewal Oration: Long-Term Outcome of SLET | Dr. Virender Sangwan | 20+5 |
| 2. | Most Challenging Cataract Surgeries: Video-Based | Dr. Jagat Ram | 12 |
| 3. | Importance of Valid Consent | Dr. A. A. Deshpandey | 12 |
| 4. | Pediatric Retinal Detachments | Dr. M. R. Dogra | 12 |
| 5. | Tele-Ophthalmology for Early Detection of DR and Glaucoma | Dr. B. N. R. Subudhi | 12 |

# CORNEA: FROM SCAR TO SIGHT

**DHAULADHAR (HALL - A)**

**01:30 PM - 03:30 PM**

**Day 2**

**October 31**

**Chairpersons: Dr. Virender Sangwan, Dr. Ajay Sharma, Dr. Renu Hashia Dhar, Dr. Jitender Singh Roodkee, Dr. Praveen Kumar Panwar, Dr. Rajan Gupta, Dr. Ritika Dhiman**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1 . | Fungal Keratitis in North India: From Occupational Injury to Blindness - Prevention and Management | Dr. Anil Kumar Verma | 7 |
| 2. | Cornea Transplant in One-Eyed Patient - To Be Treated As "High Risk" Keratoplasty: A Perspective | Dr. Rajan Sharma | 7 |
| 3. | Peripheral Ulcerative Keratitis: Diagnostic Dilemmas and Management | Dr. Pawan Prashar | 7 |
| 4. | Anterior Lamellar Keratoplasty: Practical Tips | Dr. Prafulla Maharana | 7 |
| 5. | Dry Eyes: A Comparative Study of LipiFlow and IPL | Dr. Bina Shah | 7 |
| 6. | Corneal Transplant: A Saviour of Sight | Dr. Shakeen Singh | 7 |
| 7. | REST - Retro Endothelial Scraping Technique: A Novel Surgical Technique | Dr. Sagar Udasi | 7 |
| 8. | Demography of Keratoconus in Jammu Province: Our Experience at a Charitable Hospital | Dr. Suruchi Gupta | 7 |
| 9. | Reading Epithelial Maps (Keynote Address) | Dr. Ashi Khurana | 10 |

# OCULOPLASTY CHALLENGE: WHAT WOULD YOU DO?

**DHAULADHAR (HALL - A)**

**03:30 PM - 05:00 PM**

**Day 2**

**October 31**

**Chairpersons: Dr. Usha Singh, Dr. Vishal Sharma, Dr. Pushpinder Kaur Bhaura, Dr. Rajvinder Kaur, Dr. Babita, Dr. Swati Bansal, Dr. Shabnam**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1 . | Patient with Droopy Lid | Dr. Mittal Raman | 7 |
| 2. | Patient Comes with Negative Biopsy But Still Clinical Suspicion of Malignancy | Dr. Usha Singh | 7 |
| 3. | Patient with Trauma | Dr. Vishal Sharma | 7 |
| 4. | Patient with Eyelid Margin Malposition | Dr. Pankaj Gupta | 7 |
| 5. | Patient with Proptosis | Dr. Sukhdeep Bains | 7 |
| 6. | Patient Needing Eye Removal / Prosthesis | Dr. Nitish Arora | 7 |
| 7. | Patient with Watering | Dr. Shikha Taneja | 7 |
| 8. | Patient with Lid Tumor | Dr. Gaurav | 7 |
| 9. | Beyond Vision: The Aesthetic Dimension | Dr. Sehar Omprakash | 7 |

# OCULOPLASTY: 360

**BAIJNATH (HALL - B)**

**09:00 AM - 10:30 AM**

**Day 2**

**October 31**

**Chairpersons: Dr. Raman Mittal, Dr. Nazia Anjum, Dr. Nitish Arora, Dr. Bina Shah, Dr. Pankaj Maccani, Dr. Ashwini Patil**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1 . | Facial Nerve Palsy: Thinking Beyond Tarsorrhaphy | Dr. Swati Bansal | 7 |
| 2. | Single Triangle Sling Surgery: An Effective Way to Treat Most Grades of Ptosis | Prof. R. L. Sharma | 7 |
| 3. | Management of Limbal Stem Cell Deficiency | Dr. Jitender Jinagal | 7 |
| 4. | Practical Tips in Evaluation of Strabismus | Dr. Amit Gupta | 7 |
| 5. | Endonasal Endoscopic Orbital Decompression for Dysthyroid Orbitopathy | Dr. Rijuneeta | 7 |
| 6. | The Good, The Bad, and The Worst of Eyelid Tumours | Dr. Ritesh Verma | 7 |
| 7. | Customized Ocular Prosthesis: Restoring Confidence and Transforming Lives | Dr. Pushpinder Kaur Bhaura | 7 |
| 8. | Surgical Management of Eyelid Tumours | Dr. Sony Sinha | 7 |
| 9. | DCR: Do's and Don'ts | Dr. Deepak Kumar Sharma | 7 |
| 10 | External DCR | Dr. Nazia Anjum | 7 |
| 11 . | Canalicular Tear Repair with Mini-Monoka | Dr. Raman Mittal | 7 |
| 12 | Orbital Lymphoma | Dr. Pankaj Gupta | 7 |

# REFRACTIVE REVOLUTION

**BAIJNATH (HALL - B)**

**10:30 AM - 12:00 PM**

**Day 2**

**October 31**

**Chairpersons: Dr. Jagat Ram, Dr. Ashok Sharma, Dr. Shakeen Singh, Dr. Gaurav Sharma, Dr. Anil Kakde, Dr. Tushya Omprakash, Dr. Rajan Sharma**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1. | Lenticule: How SILK Is Different? (Keynote Address) | Dr. Ajay Sharma | 7 |
| 2. | ICL: Tips and Tricks for Beginners | Dr. Sudhir Salhotra | 7 |
| 3. | Phakic IOLs in Keratoconus: Our Experience | Dr. Suruchi Gupta | 7 |
| 4. | SMILE Pro vs. Wavelight+, Topo-G LASIK vs. Streamlight: When to Choose What? Does One Size Fit All? | Dr. Rishabh Grover | 7 |
| 5. | My Journey as a Refractive Surgeon: From Microkeratome to SILK | Dr. Pushpinder Kaur Bhaura | 7 |
| 6. | Refractive Surprise After ICL | Dr. Ashi Khurana | 7 |
| 7. | Borderline Cases in Refractive Surgery: When Not to Operate | Dr. Rashmi Singh | 7 |
| 8. | AI UBM-Based ICL Sizing & Vault Prediction with ICL Guru | Dr. Gaurav Luthra | 7 |
| 9. | PRESBYOND / Pentacam: When to Say No | Dr. Aman Preet Kaur | 7 |
| 10. | DSEK in Challenging Situations | Dr. Shakeel | 7 |
| 11. | Complications of SMILE Surgery | Dr. Bagla Madanlal | 7 |

# WHEN UVEA MEETS RETINA

**BAIJNATH (HALL - B)**

**12:00 PM - 01:30 PM**

**Day 2**

**October 31**

**Chairpersons: Dr. Pradeep Venkatesh, Dr. Sudhir Salhotra, Dr. Anshu Grover, Dr. Vipan Vig, Dr. John Jacob Mathew, Dr. Bruttendu Moharana, Dr. Manu Sharma, Dr. Madan Lal**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1. | Intra-Arterial Chemotherapy in Retinoblastoma: Is It for All? (Keynote Address) | Dr. Usha Singh | 10 |
| 2. | About Ocular Tuberculosis: What We Know and What We Don't Know | Dr. Prateek Nishant | 7 |
| 3. | Pattern Recognition of Various Diseases in Posterior Uveitis | Dr. Aditya Kashyap | 7 |
| 4. | Surgical Management of Intraocular Haemorrhages As We Go Deeper into the Eye | Dr. Rajeev Gupta | 7 |
| 5. | A Study on ROP | Dr. Renu Dhasmana | 7 |
| 6. | AMD: What the General Ophthalmologist Needs to Know | Dr. Samson Rajpal | 7 |
| 7. | Kali Makhi or Vitreous Floaters: Thorough Examination Is a Must to Identify Treatable Lesions | Dr. Aditi Parashar | 7 |
| 8. | The Swollen Disc: A Diagnostic Minefield | Dr. Gaurav Sharma | 7 |
| 9. | Treatment & Compliance in CRVO | Dr. Manisha Nada | 7 |
| 10. | Tubercular Posterior Uveitis: Clinical Pearls | Dr. Ankur Singh | 7 |

# RETINA: FROM IMAGES TO INSIGHT

**BAIJNATH (HALL - B)**

**01:30 PM - 03:30 PM**

**Day 2**

**October 31**

**Chairpersons: Dr. Mangat Dogra, Dr. Usha Singh, Dr. Renu Dhasmana, Dr. Ankur Singh, Dr. Nitin Gupta, Dr. Aditi Parashar, Dr. Rajiv Kumar, Dr. Sehar Omprakash**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1. | Promise and Challenges of Gene Therapy in Retinal Disorders (Keynote Address) | Dr. Pradeep Venkatesh | 10 |
| 2. | Relevance of Scleral Buckle in the Era of Vitrectomy | Dr. Bruttendu Moharana | 7 |
| 3. | Cases That Can Burn Hands: Predictors of Surgical Difficulty and Failure in Vitreoretinal Surgery | Dr. Anshu Grover | 7 |
| 4. | Diabetes: Beyond Diabetic Retinopathy | Dr. Renu Dhasmana | 7 |
| 5. | Surgical Management of Complex Cases of Proliferative Diabetic Retinopathy | Dr. Rajeev Gupta | 7 |
| 6. | Impact of Cataract Surgery on Optic Nerve Head Parameters: An SD-OCT Based Study | Dr. John Jacob Mathew | 7 |
| 7. | Avoiding Overuse and Misuse of Anti-VEGF in DME | Dr. Sudhir Salhotra | 7 |
| 8. | Surgery for ROP in a Practice Set-Up | Dr. Vipan Vig | 7 |
| 9. | Management of Vitreo-Retinal Interface Disorders | Dr. Rajeev Gupta | 7 |
| 10. | Retina Heralds the Doom: Ocular Clues to Systemic & Neurological Catastrophe | Dr. Subina Narang | 7 |
| 11. | My Approach to Post-Op Endophthalmitis | Dr. Ankur Singh | 7 |

# BEYOND THE BOUNDARIES

**BAIJNATH (HALL - B)**

**03:30 PM - 05:00 PM**

**Day 2**

**October 31**

**Chairpersons: Dr. Suresh Gupta, Dr. Pawan Prashar, Dr. Prafulla Maharana, Dr. A. A. Deshpandey, Dr. Anuradha Raj, Dr. Nitin Batra, Dr. Gursatinder Singh, Dr. Anil Verma, Dr. Rajul Chanchani**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1. | Consumer Protection Act 201 9: Key Implications for Ophthalmologists (Keynote Address) | Dr. Viral Shah | 10 |
| 2. | India's Medical Education at Crossroads | Dr. B. N. R. Subudhi | 7 |
| 3. | SICS: A Better Choice for Mature Hard Cataract | Prof. R. L. Sharma | 7 |
| 4. | SICS: Handling Challenging Situations | Dr. Gaurav Sharma | 7 |
| 5. | OCT Biomarkers in DME | Prof. Rajwinder Kaur | 7 |
| 6. | Needle Injury Cataract in Diabetic Patients: A Hidden Surgical Challenge | Dr. Praveen Kumar Panwar | 7 |
| 7. | Basics of VEP | Dr. Priya Kapila | 7 |
| 8. | Pharmacovigilance and Reporting of Adverse Drug Reactions in Ophthalmology | Dr. Prateek Nishant | 7 |
| 9. | The Eye Sees, But Who Is the Seer? An Ophthalmologist's Journey Through the Gita (Keynote Address) | Dr. Markanday Ahuja | 10 |
| 10. | FBS: Why to Join? (Keynote Address) | Prof. Inder Mohan Rustagi | 10 |

# DR. PREM CHANDRA FREE PAPER SESSION 5

**KANGRA (HALL - C)**

**09:00 AM - 10:00 AM**

**Day 2**

**October 31**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| FP2 | Blur to Bright: A Tale of Two Subhyaloid Bleeds | Dr. Hiteshi | 6 |
| FP8 | Blood Under the Bullseye: Traumatic Submacular Hemorrhage and Vision Rescue | Dr. Sakshi Negi | 6 |
| FP1 0 | Visual Outcomes of a Bioptics Approach (ICL Followed by Custom LASIK) in Eyes with High Refractive Error & Elevated Internal Aberrations: A Case Series | Dr. Utkarsh Mishra | 6 |
| FP11 | Traumatic Submacular Hemorrhage: Treatment Options and Visual Recovery | Dr. Kusha | 6 |
| FP1 3 | Effect of Intravitreal Aflibercept (Eylea 4mg) in Refractory Cases of Retinal Vein Occlusion-Associated Macular Edema: Case Series | Dr. Hanan Ahmed Mir | 6 |
| FP41 | To Study the Outcomes of Extraocular Muscle Transplantation Surgery | Dr. Shubhangi Singh | 6 |
| FP44 | Evaluation of Incidence of Vitreoretinal Interface Changes, Particularly PVD, After PRK or SMILE in Myopic Eyes Using Swept-Source OCT | Dr. Pranav Survase | 6 |
| FP45 | Clinical Profile and Surgical Outcomes of Canalicular Trephination with Monocanalicular Stenting for Acquired Canalicular Obstruction | Dr. Saneh Lata | 6 |
| FP46 | To Study Compliance in Usage of Low-Dose (0.01 %) Atropine Eye Drops in Myopic Indian Children | Dr. Ashima | 6 |
| FP47 | Clinical Interpretation of Macular OCT by a Large Language Model: Impact of Routine Clinical Context | Dr. Pranidhi Sharda | 6 |
| FP63 | Prevalence of Computer Vision Syndrome in IAHS Students of CMC Ludhiana | Dr. Aditya Khanna | 6 |
| FP64 | To study the Correlation Between HbA1c Levels and Severity of Diabetic Retinopathy in Diabetic Patients in a Tertiary Care Hospital | Dr. Aditya Pandey | 6 |
| FP65 | Study of Health Related Quality of Life (HRQoL) in Children with Vernal Keratoconjunctivitis at a Tertiary Care Hospital in North India | Dr. Etash Kakkar | 6 |

# YOSI SESSION: CLINICAL PEARLS FOR YOUNG OPHTHALMOLOGISTS

**KANGRA (HALL - C)**

**10:30 AM - 12:00 PM**

**Day 2**

**October 31**

**Chairpersons: Dr. Rajan Sharma, Dr. Tushya Omprakash, Dr. Vishal H. Sharma, Dr. Nitin Kumar, Dr. Jitender Jinagal, Dr. Rishil Raj**
**Moderator: Dr. Nazia Anjum**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1 . | Modern Biometry for Cataract Surgery: Avoiding IOL Power Calculation Errors | Dr. Utkarsh Roodkee | 7 |
| 2. | Phacoemulsification in a Constricted Pupil: Tricks, Tools & Techniques | Dr. Swati Sharma | 7 |
| 3. | Phakic IOLs Made Easy | Dr. Jitender Jinagal | 7 |
| 4. | Approach to a Case of Uveitis | Dr. Nitin Kumar | 7 |
| 5. | ICROP-3 Decoded: What Has Changed and Why Does It Matter? | Dr. Manu Sharma | 7 |
| 6. | Thyroid Eye Disease: What's New and What Changes Our Practice? | Dr. Nazia Anjum | 7 |
| 7. | CT or MRI? Let the Diagnosis Decide: A Practical Guide to Ophthalmic Imaging | Dr. Manika Sharma | 7 |
| 8. | Differentiating Glaucomatous and Non-Glaucomatous Discs | Dr. Manu K. Rampal | 7 |
| 9. | OCT in Glaucoma | Dr. Palak Gupta | 7 |

# CHALLENGING CASE SESSION 3

**KANGRA (HALL - C)**

**01:30 PM - 03:30 PM**

**Day 2**

**October 31**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| CC26 | The Central Haze: Localized Vitreous Cells Following Uneventful Cataract Surgery | Dr. Anshu Grover | 5 |
| CC27 | Visual Outcomes and Surgical Management in Long-Standing Traumatic Cataract: A Case Report | Dr. Navleen Kahlon | 5 |
| CC28 | Iridotomy Impossible: Neodymium-Doped Yttrium Aluminium Garnet Fibrinolysis as Vision-Saving Therapy | Dr. Ranjan Kumar Behera | 5 |
| CC29 | Diagnostic Challenge in a Rare Case of Post-Syringing Tubercular Dacryocystitis | Dr. Aastha Choudhary | 5 |
| CC30 | Phakic IOL Explantation with Cataract Surgery in a Silicone-Oil-Filled Eye: Navigating Surgical, Biometric and Refractive Challenges | Dr. Pranav Survase | 5 |
| CC31 | From Scalp to Sinus: A Tiny Abscess with a Vision-Threatening Journey | Dr. Sumit Oli | 5 |
| CC32 | Toric IOL Implantation in Pellucid Marginal Degeneration for Management of High Corneal Astigmatism | Dr. Kashish Vij | 5 |
| CC33 | Posterior Reversible Encephalopathy Syndrome with Spinal Cord Involvement | Dr. Navya Kalra | 5 |
| CC34 | The Lens Has a Guest: A Case of Intralenticular Foreign Body | Dr. Annu | 5 |
| CC35 | She Recovered Once, But the Disease Never Left | Dr. Manisha Singh | 5 |
| CC36 | Secondary Glaucoma in Sturge-Weber Syndrome: A Case Report | Dr. Sahal Majid | 5 |

# E-POSTER SESSION

**POSTER GALLERY**

**03:00 PM - 04:00 PM**

**Day 2**

**October 31**

| No. | Topic | Presenter |
|---|---|---|
| EP 1 | Unusual Simultaneous Presentation of Tubercular Intermediate Uveitis in Two Family Members | Dr. Nitin Kumar |
| EP 2 | Structural Changes in Individual Retinal Layers in Diabetic Macular Edema: An Optical Coherence Tomography-Based Observational Study | Dr. Vanshika Singh |
| EP 3 | Comparison of Results of Vabysmo with Aflibercept (Eylea Biosimilar) in Treatment of Wet AMD | Dr. Raminder Singh |
| EP 4 | Calotropis Latex-Induced Ocular Toxicity: A Case Report in a 38-Year-Old Male | Dr. Shilpi Arya |
| EP 5 | Patient's Journey Through the Future Operating Room: Building a Connected Digital Ecosystem for Precision Cataract Surgery | Dr. Gaurav Mishra |
| EP 6 | The Empty Spot in the Center: Unveiling Congenital Macular Coloboma | Dr. Sakshi Negi |
| EP 7 | Rare Case of Unilateral ONH Edema in a Case of Carcinoma Lung | Dr. Divya Shree Chadha |
| EP 8 | Rapid Resolution of Traumatic Commotio Retinae (Berlin Edema): A Case Report | Dr. Hanan Ahmed Mir |
| EP 9 | Benign Essential Blepharospasm | Dr. Vertika Pandey |
| EP 10 | When the Fundus Misleads: An Atypical Mimic of Serpiginous Choroiditis | Dr. Anurag Sharma |
| EP 11 | Redefining the Lid: A Three-Case Journey with Cutler-Beard Reconstruction | Dr. Jahnavi Katoch |
| EP 12 | Inferior Rectus Myocysticercosis | Dr. Richa Agarwal |
| EP 13 | Different Shades, One Diagnosis: A Multisystem Pigmentary Puzzle | Dr. Rashi Setia |
| EP 14 | The Uninvited Guest: Surgical Management of an Extensive Upper Eyelid Neurofibroma | Dr. Keshav Gaba |
| EP 15 | Tiny Spots, Big Insights: Conjunctival Nevi in Children - A Case Series | Dr. Prachi Bhadu |

# E-POSTER SESSION

**POSTER GALLERY**

**03:00 PM - 04:00 PM**

**Day 2**

**October 31**

| No. | Topic | Presenter |
|---|---|---|
| EP 16 | From Impact to Subretinal Fluid: A Rare Case of Trauma-Associated Central Serous Chorioretinopathy | Dr. Shubham Tiwari |
| EP 17 | A Glimpse into the Morning Glory: A Rare Congenital Optic Disc Anomaly | Dr. Kankesh Mahajan |
| EP 18 | Effect of "PEGylated" Insulin and Serum Eye Drops on Corneal Stromal Cells: An In Vitro Study | Dr. Rajan Sharma |
| EP 19 | The Silent Damage: OCT Unmasking Hydroxychloroquine Retinal Toxicity in a Clinically Normal Fundus | Dr. Manisha Nada |
| EP 20 | Beyond Proptosis: A Diagnostic Dilemma in Post-Traumatic Carotid-Cavernous Fistula | Dr. Suvashika Dhingra |
| EP 21 | Ophthalmic Clues to Systemic Crisis: Rapid Diagnosis and Multidisciplinary Management of Malignant Hypertension | Dr. Arshdeep Kaur |
| EP 22 | Iridocorneal Endothelial (ICE) Syndrome with Secondary Glaucoma in a Young Male: A Case Report | Dr. Aastha Sharma |
| EP 23 | A Case of Neurocysticercosis Presenting as Papilledema | Dr. Avneet Kaur |
| EP 24 | The Fluid Behind the Vision: A Case of Central Serous Chorioretinopathy | Dr. Sonam Bhardwaj |
| EP 25 | The Retina as a Window to Metabolic Health: A Case of Severe Diabetic Retinopathy | Dr. Aditi |
| EP 27 | Emergency Orbital Foreign Body Removal Following Accidental Gunshot Injury in a 1 3-Year-Old Girl | Dr. Sumit Oli |
| EP 28 | The Inflammation That Wasn't! | Dr. Pranav Rishi Aggarwal |
| EP 29 | Canalicular Injury: Simplified | Dr. Chander Mohan |
| EP 30 | Medial Canthal Dermoid Mimicking a Lacrimal Sac Mucocele: A Diagnostic Dilemma | Dr. Saneh Lata |

38TH NORTH ZONE OPHTHALMOLOGICAL SOCIETY CONFERENCE
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# E-POSTER SESSION

**POSTER GALLERY**

**03:00 PM - 04:00 PM**

**Day 2**

**October 31**

| No. | Topic | Presenter |
|---|---|---|
| EP 31 | Atypical Presentation of Microcornea with Iridofundal Coloboma and Epicapsular Stars: A Case Report | Dr. Takshi |
| EP 33 | The Hidden Ocular Surface Burden of Glaucoma Therapy: A Clinical Assessment of Chronic Drop Exposure | Dr. Riga Singh |
| EP 34 | Comparative Study to Evaluate Efficacy of Topical Alcaftadine 0.25% vs. Olopatidine 0.1 % in Allergic Conjunctivitis | Dr. Aaqib Ayub Najar |
| EP 35 | Retinopathy of Prematurity in the Anti-VEGF Era: Pattern of Regression and Clinical Outcome | Dr. Mahima Pandita |
| EP 36 | Burden of Dry Eye Disease in Patients with Allergic Conjunctivitis: A Hospital-Based Cross-Sectional Study | Dr. Karun Paul Singh |
| EP 37 | A Retinal Clue to a Systemic Mystery: Ocular Findings Leading to the Diagnosis of Tuberculosis | Dr. Momina Tahir Khan |
| EP 38 | The Silent Progression: Neovascular Glaucoma After Treated Ischemic BRVO | Dr. Karishma Yadav |
| EP 39 | Tackling the Laterality Challenge of VKH: True Unilaterality vs. Delayed Contralateral Crossover | Dr. Hitisha Mittal |
| EP 40 | Atypical Bilateral Optic Neuritis in a 1 3-Year-Old Male | Dr. Aalia Mir |
| EP 41 | Traumatic Enucleation Following Fall from Height: A Case Report | Dr. Palvi |
| EP 42 | Ocular Surface Squamous Neoplasia: A Case Presentation and Management | Dr. Kheta Ram |
| EP 43 | 6-Month Follow-Up of Case of CSCR on Conservative Treatment | Dr. Neha |

# E-POSTER SESSION

**POSTER GALLERY**

**03:00 PM - 04:00 PM**

**Day 2**

**October 31**

| No. | Topic | Presenter |
|---|---|---|
| EP 44 | Fungal Keratitis Where Adding Systemic Antifungal Drugs Shows Quick Response | Dr. Janvi Gupta |
| EP 45 | Case of Full-Thickness Macular Hole | Dr. Shiwali Sarngal |
| EP 48 | The Neurological Mimic of Ocular Tuberculosis: A Tale of Two Cases of Misdiagnosed Benign Intracranial Hypertension | Dr. Hitisha Mittal |
| EP 49 | Conjunctival Nevus: A Surgical Perspective on a Common Ocular Surface Lesion | Dr. Manisha Singh |

# DR. SUJATA GROVER
# VIDEO SESSION 1

**KANGRA (HALL - C)**

**03:30 PM - 05:00 PM**

**Day 2**

**October 31**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| VT2 | Tackling Watery Eyes Post-Cataract Surgery: A Perspective | Dr. Ritesh Verma | 4 |
| VT3 | Superficial Keratectomy for Salzmann Nodular Degeneration | Dr. Tanvi Soni | 4 |
| VT4 | Magic of Pupilloplasty | Dr. Sanjay Mishra | 4 |
| VT5 | Intentional Spiral Capsulorhexis in Intumescent Cataract: A Simple Technique for Controlled Capsular Decompression | Dr. Shilpi Arya | 4 |
| VT6 | Toric IOL in Cataract Surgery | Dr. Manisha Sharma | 4 |
| VT9 | Band-Shaped Keratopathy Causing Hand Motion Vision in a 60-Year-Old Patient: Successful Management with EDTA Chelation | Dr. Poonam Sharma | 4 |
| VT1 4 | A Scleral Tunnel Graft-Free Technique in AGV Implantation in Refractory Glaucoma | Dr. Neetu Negi | 4 |
| VT1 5 | Management of Hypermature Cataract: Tips | Dr. Suruchi Gupta | 4 |
| VT1 6 | Nick, Strip, Round: A Safe Capsulotomy Sequence for Intumescent White Cataract | Dr. Anshul A. Garg | 4 |
| VT1 7 | Evisceration with Orbital Implant: Simplifying the Surgical Steps to Restore Cosmesis | Dr. Manika Sharma | 4 |
| VT1 8 | Sutureless Block Excision Technique for Extraocular Muscle Weakening in Strabismus: Video Presentation | Dr. Balbir Singh | 4 |
| VT1 9 | Difficult Situations in Cataract Surgery: A Video Compilation of Surgical Challenges and Their Management | Dr. Satbir Singh Bhaura | 4 |

# DR. PREMCHANDRA FREE PAPER SESSION 6

**KANGRA (HALL - C)**

**05:00 PM - 06:30 PM**

**Day 2**

**October 31**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| FP15 | Comparison of Ocular Parameters and Refractive Errors in ROP-Treated Babies with the Normal Aged Population from 1 -6 Years | Dr. Priya Sonkhla | 6 |
| FP19 | To Determine the Retinal Volume Changes in Macular Edema Secondary to Retinal Vein Occlusion Treated with Ranibizumab & Correlation with Visual Outcomes | Dr. Vinisha Jain | 6 |
| FP27 | The Macular Lifeline: Cilioretinal Artery Sparing and Visual Outcome in CRAO | Dr. Keshav Gaba | 6 |
| FP29 | Surgical Management and Insights from Persistent Fetal Vasculature in Infants with Retinopathy of Prematurity | Dr. Divyanshi Gupta | 6 |
| FP31 | OCT Biomarkers Predicting Early Resistance to Anti-VEGF Therapy in Retinal Vein Occlusion (RVO) | Dr. Arushi | 6 |
| FP38 | Congenital Retinal Macrovessel with Bilateral Papilledema | Dr. Suvashika Dhingra | 6 |
| FP57 | Study of Efficacy of 0.5% Carboxymethylcellulose Versus 0.4% Polyethylene Glycol / 0.3% Propylene Glycol As Tear Substitute for Treatment of Dry Eye | Dr. Sudhanshu Khajuria | 6 |
| FP58 | When Play Turns Perilous: Toy Car Antenna Coil Foreign Bodies in the Pediatric Conjunctival Fornix | Dr. Manisha Singh | 6 |
| FP59 | Tsunami in Mature Cataract | Dr. Saharsh Thind | 6 |
| FP60 | Prevalence of Computer Vision Syndrome and Associated Risk Factors Among Medical Students | Dr. Prachi Nayyar | 6 |

# DR. PREMCHANDRA FREE PAPER SESSION 6

**KANGRA (HALL - C)**

**05:00 PM - 06:30 PM**

**Day 2**

**October 31**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| FP66 | Impact of anti-Glaucoma Medications on quality of life. | Dr. Arnav Saini | 6 |
| FP67 | Unusual cases of ocular trauma. | Dr. Ansh Sachdeva | 6 |
| FP68 | Industrial Ocular Trauma—A clinical And Epidemiological Profile | Dr. Prakhar Arora | 6 |
| FP69 | Profile of Ocular Trauma in Pediatrics Population in a Tertiary Care Hospital | Dr. Shobik George | 6 |

# SSTC (SURGICAL SKILL TRANSFER COURSE)



**October 31st 2026**

**10:00 AM - 5:00 PM**

**Location: Wet Lab Area**

**Phacoemulsification**

**SICS**

**Trabeculectomy**

**Intravitreal Injection**

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# Gala Dinner

Venue: Villa Camellia, Palampur

7:00 pm onwards



HIM SUMMIT 2026

# 38th | NORTH ZONE OPHTHALMOLOGICAL SOCIETY CONFERENCE & HPOS MID TERM MEETING

30th OCTOBER – 1st NOVEMBER, 2026 | ROTARY EYE HOSPITAL, PALAMPUR

# Day - 3

## 1st November



# TECHNOLOGY TRANSFORMING DIAGNOSTICS

**DHAULADHAR (HALL - A)**

**09:00 AM - 10:30 AM**

**Day 3**

**November 1**

**Chairpersons: Dr. Siddharth Madan, Dr. Pankaj Gupta, Dr. Rishabh Grover, Dr. Pradeep Venkatesh, Dr. Jitender Jinagal, Dr. Kanwaljeet Harjot Madan, Dr. Sumeet Khanduja**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1. | Clinical Application of Multimodal Imaging | Dr. Nitin Kumar | 7 |
| 2. | Role of Optical Coherence Tomography (OCT) in SUSAC Syndrome | Prof. Vishwa Jyoti Bahl | 7 |
| 3. | OCT: The Story Behind Every Micron | Dr. Vibhuti Mittal | 7 |
| 4. | Genetics in Ophthalmology: What the Future Holds | Dr. Renu Hashia Dhar | 7 |
| 5. | Construction and Design of NABH-Compliant Modular OT Complex: Tips & Tricks | Dr. Sumeet Khanduja | 7 |
| 6. | Ocular Plaque Brachytherapy: Indications and Usage | Dr. Swati Bansal | 7 |
| 7. | ADR in Ophthalmology: An Audit | Dr. Pankaj Sharma | 7 |
| 8. | Aggressive ROP: The Journey Doesn't End with Anti-VEGF | Dr. Manu Sharma | 7 |
| 9. | Biosimilars in Retinopathy of Prematurity: Where Do We Stand? | Dr. Siddharth Madan | 7 |
| 10. | A Scientific Insight into Advanced Allergic Management: Drug on Horizon - Bepotastine | Dr. Rajan Gupta | 7 |
| 11. | 3D Digital Heads-Up Visualization System: A Great Tool for Teaching and Training Cataract Surgery | Dr. Balbir Singh | 7 |
| 12. | Basics of VEP | Dr. Priya Kapila | |

# OPHTHALMIC KALEIDOSCOPE

**DHAULADHAR (HALL - A)**

**10:30 AM - 12:00 PM**

**Day 3**

**November 1**

**Chairpersons: Dr. Sony Sinha, Dr. Rashmi Singh, Dr. Aditya Kashyap, Dr. Deepak Kumar Sharma, Dr. Neelam Verma, Dr. Rohit Kumar, Dr. Anshu Grover**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1. | Pairing Adaptive Fluidics with Advanced Presbyopia IOLs (Bausch & Lomb) | Dr. Amandeep Singh Arora | 10 |
| 2. | Collaborating with WSF for Capacity Development in the Govt. Health Sector | Dr. Nitin Batra | 7 |
| 3. | Art of Therapeutic Conversation | Dr. Shruti Anand | 7 |
| 4. | Dry Eye in Systemic Disease | Dr. Shikha Jain | 7 |
| 5. | Conjunctival Cyst with Scleral Involvement: A Surgical Challenge | Dr. Ritika Dhiman | 7 |
| 6. | INO: Rare Case of One-and-a-Half Syndrome | Dr. Manish Wankhade | 7 |
| 7. | Topical Losartan for Corneal Scarring: A Case Series | Dr. Sagar Udasi | 7 |
| 8. | Paediatric Corneal Grafts: 31 Years of Insight | Dr. Ashok Sharma | 7 |
| 9. | VKH: Immunomodulators | Dr. Anil Verma | 7 |
| 10. | Posterior Capsule Rupture (PCR): Not the End Game | Dr. Tushya Omprakash | 7 |
| 11. | Lab to Living Eye: The Limbal Stem Cell Journey | Dr. Rajan Sharma | 7 |
| 12. | Toric IOLs in Challenging Eyes: Tips & Tricks | Dr. Rishi Raj Singh | 7 |

# DR. SUJATA GROVER VIDEO SESSION 2

**BAIJNATH (HALL - B)**

**09:00 AM - 10:30 AM**

**Day 3**

**November 1**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| 1 . | One-Eyed Patient with Endophthalmitis and Iris Neovascularization: Is the Battle for Vision Lost? | Dr. Nitin Kumar | 4 |
| 2. | HM to 6/6: Redefining Outcomes in Aniridia-Aphakia | Prof. Rajwinder Kaur | 4 |
| 3. | Art of Vitrectomy and Membrane Peeling in TRDs | Dr. Sahil Arora | 4 |
| 4. | Large Intraocular Foreign Body - A Surgical Challenge: Hand-Shake Technique Comes to the Rescue | Dr. Piyush Kohli | 4 |
| 5. | Muscle Transplantation: An Innovative Technique for Large Angle Deviation | Dr. Amit Gupta | 4 |
| 6. | A Video Showing a Hybrid Endoscopic Approach for Dense Cataract in Coloboma | Dr. Divyanshi Gupta | 4 |
| 7. | Trauma to Triumph: PFCL the Saviour | Dr. Manu Sharma | 4 |
| 8. | Phacoemulsification in Posterior Polar Cataract with Preexisting Posterior Capsular Defect | Dr. Ranjot Kaur | 4 |
| 9. | Stabilizing the Unstable: CTS-Assisted In-the-Bag PCIOL Implantation in Marfan Syndrome | Dr. Archeesha Vyas | 4 |
| 10 | Missing Curtain: From Defect to Aniridia | Dr. Jayanand Urkude | 4 |
| 11. | The Invisible Intruder: A Case of a Disappearing Intralenticular Foreign Body | Dr. Rashmi Singh | 4 |
| 12. | Enigma of Double Layered Taut Posterior Hyaloid Membrane in a PDR Case | Dr. Rajeev Gupta | 4 |

## YOUNG ACHIEVER'S SESSION, FREE PAPER, CHALLENGING CASE & VIDEO FINALS

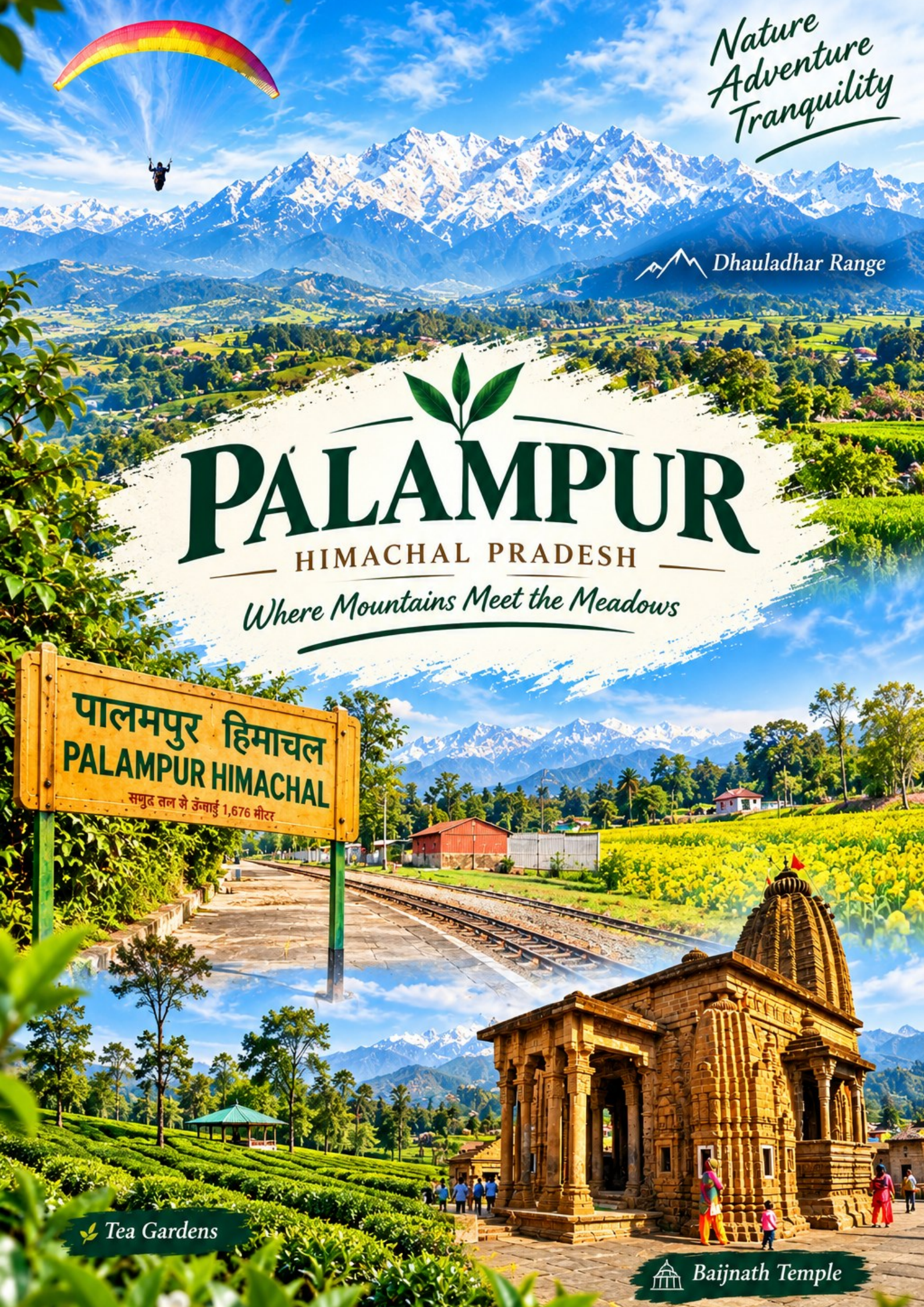
**KANGRA (HALL - C)**
**09:00 AM - 11:00 AM**

**Day 3**
**November 1**

| No. | Topic | Speaker | Min |
|---|---|---|---|
| YAS1 | Spectral-Domain Optical Coherence Tomography Characteristics in Patients with Transfusion-Dependent Thalassemia | Dr. Ritesh Verma | 5 |
| YAS2 | Takayasu Retinopathy Findings on Ultra-Wide Field Fundus Fluorescein | Dr. Manu Sharma | 5 |
| YAS3 | To Discuss a Case of OCA and to Report Its Rare Association with Posterior Staphyloma and Dome-Shaped Macula on OCT | Dr. Neetu Negi | 5 |

# CONFERENCE CONCLUSION
# &
# VALEDICTORY FUNCTION

**Thank you for participating in NZOS 2026 at Palampur!**


Nature
Adventure
Tranquility
Dhauladhar Range
PALAMPUR
HIMACHAL PRADESH
Where Mountains Meet the Meadows
पालमपुर हिमाचल
PALAMPUR HIMACHAL
समुद्र तल से ऊँचाई 1,676 मीटर
Tea Gardens
Baijnath Temple



## CONFERENCE VENUE

## ROTARY EYE HOSPITAL, MARANDA, PALAMPUR




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